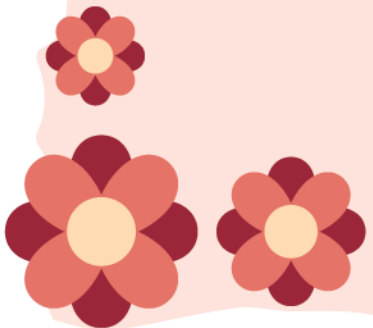




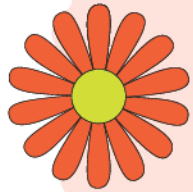
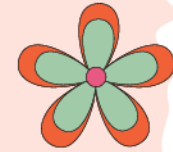
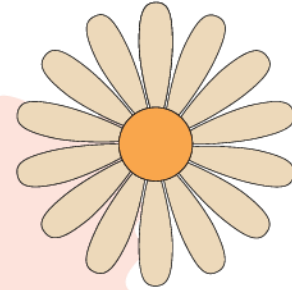
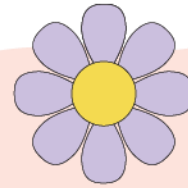
FAITH FEST

2023



YEAR 1, 2 & 3

TEAM ISAIAH





Isaiah the Prophet

- *The name Isaiah means “salvation of the Lord,”*
- *Isaiah was a faithful and bold prophet of God.*
- *Isaiah spoke very specifically about the coming Messiah—His justice, His promises to Israel, His life and death, and His majesty.*
- *Isaiah also told of God’s judgment on His people*
- *Isaiah understood not only God’s judgment but also His salvation, mercy, grace, and compassion.*



HOPE



Item	Duration	Start Time	End Time
Holy Mass & Inauguration			
Tea Break			
Session 1 <ul style="list-style-type: none">- Introduction- Ice Breaker - Prayer Hands- Theme Presentation- Game 1 - Noodle Hoops- Game 2 - Fishing Game- Action Song- Summary & Conclusion			
Lunch Break			
Session 2 <ul style="list-style-type: none">- Game 1 - Cup Stack Relay- Conclusion			
Tea Break			
Session 3 <ul style="list-style-type: none">- Final Day Preparation- Summary & Conclusion			
Finale Practise			



PRAYER (Start Each Day With A Prayer)

Praise you Jesus - Teacher

Thank-you Jesus - Students

We praise the Lord for His steadfast love and his works.
*Dear God we want to praise You because we love You and
because of how awesome and wonderful You are.*

DAY 1

Session 1

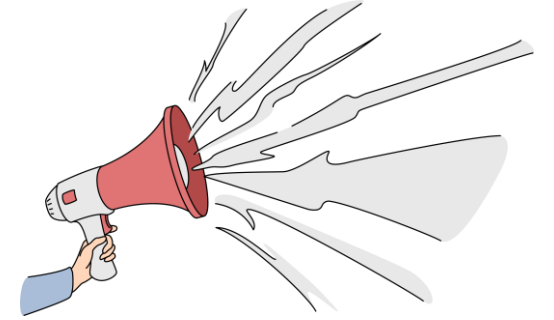
HOPE: The Forgotten Virtue of Our Time

Session 1 - Overview

Item	Duration	Description or Details
Introduction	0:05	
Ice Breaker	0:10	
Theme Presentation	0:30	
Game 1	0:10	
Game 2	0:10	
Conclusion	0:10	

DAY 1

Introduction

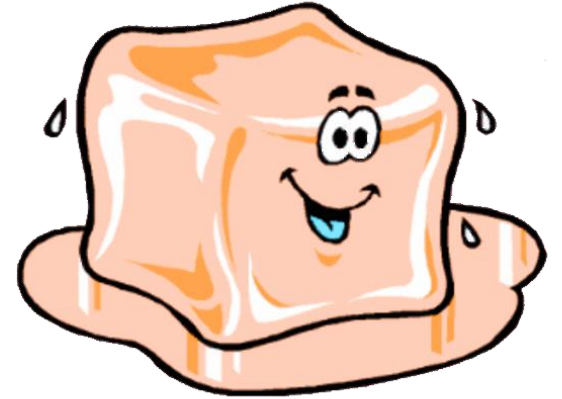


- Introduce each teacher and other resource personnel
- General safety rules if any (Do's and Dont's)
- Children to report any concerns to the teachers, housekeeping requirements
- Explanation on the agenda for the day
- Slogan for the day to be explained
- Prayer
- Team Bethlehem will be divided into smaller groups by saint name for managing group activities.
- Suggested sub-group names:.
 - Saint Sebastian
 - Saint Alphonsa
 - Saint Theresia
 - Saint Carlo Acutis
- Each subgroup will have one teacher/volunteer assigned / introduced.
- There will be points for games, activities & poster making.
- Team which gets the highest point will be the winners at the end of the day.

DAY 1 Session 1

Ice Breaker

Prayer Hands



Materials Required:

- Different coloured palm cut-outs. coloured pens, 4 big chart, glue

Rules

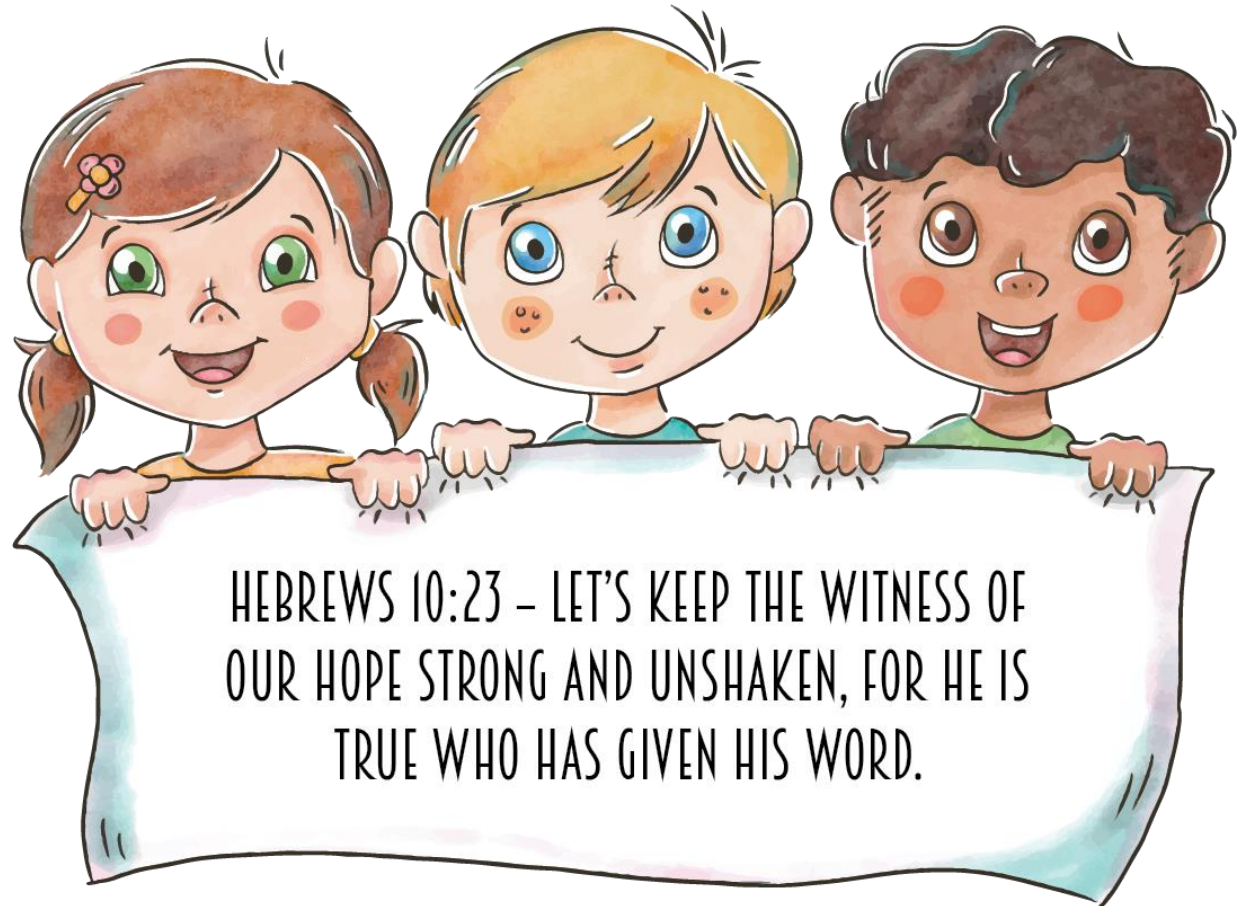
- Have one palm cut out for each child – in different colours
- Have a prayer written on the palm
 - **Prayer examples:**
- Give one palm cut-out to each child and ask them to write name of family members or friends whom they would like to say this prayer for. Then glue the palm on the chart.
- After names are written, each kid glue palm cut-outs on to the chart. Kids are arranging in different designs for each group like in a flower or in a row or in a circle.
- One chart for each group or a chart for 2 groups.



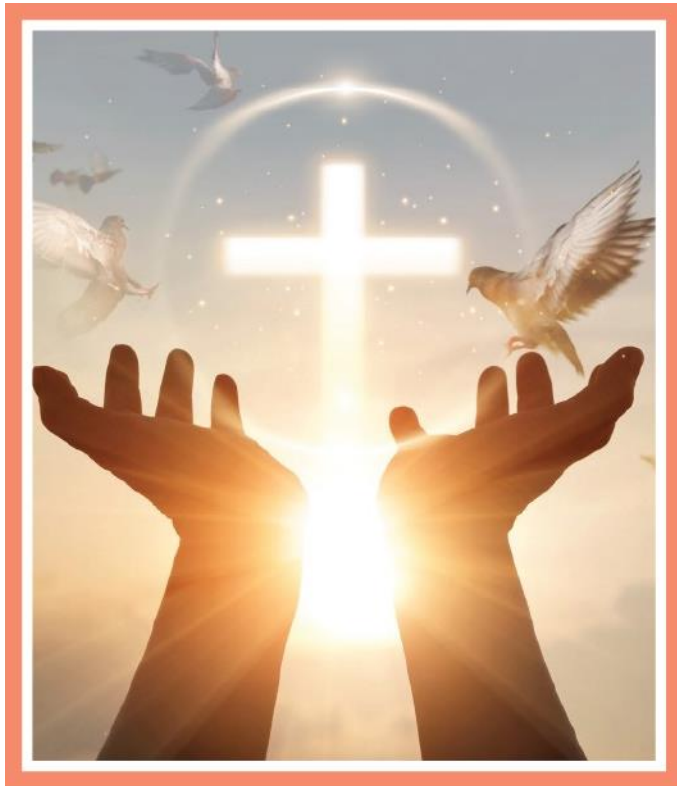
DAY 1
Session 1

Theme Presentation

Slogan for The Day



Theme Presentation



- Hope is a gift that comes from God in Baptism
- Hope allows the possibility for Christians to trust in God
- Hope is the theological virtue by which we desire the kingdom of heaven as our happiness, placing our trust in Christ's and relying not on our own strength but on the grace.
- Hope - Jesus will give us the graces we need for the journey to heaven.
- Hope - the one who has it lives differently – it makes a positive impact on human life
- People with high hopes are more likely to view stressful situations as challenging.
- Show a video on hope: [sample video link](#)

DAY 1
Session 1

Theme Presentation



Chart: prepare a chart with picture to depict – what is hope ?

- Hope is a gift that comes from God in Baptism.
- Hope is a path to reach your goals and having a willpower to walk it.
- Hope is about getting up when we fall.
- Hope is believing there is a way even if you can't see it yet.
- Hope helps us to find more paths to get things done to success.

DAY 1
Session 1

Game 1

Noodle Hoops

Game Name:

- Noodle Hoops

Preparations for the activity:

- Small group of 5-8 children – prepare a bible verse for the group. Write each word of the verse on a paper cut out for each group. One set for each group.

Bible verse:

For I know the plans declares the Lord, 'plans to prosper you and not to harm you, plans to give you hope and a future'.

Materials Required:

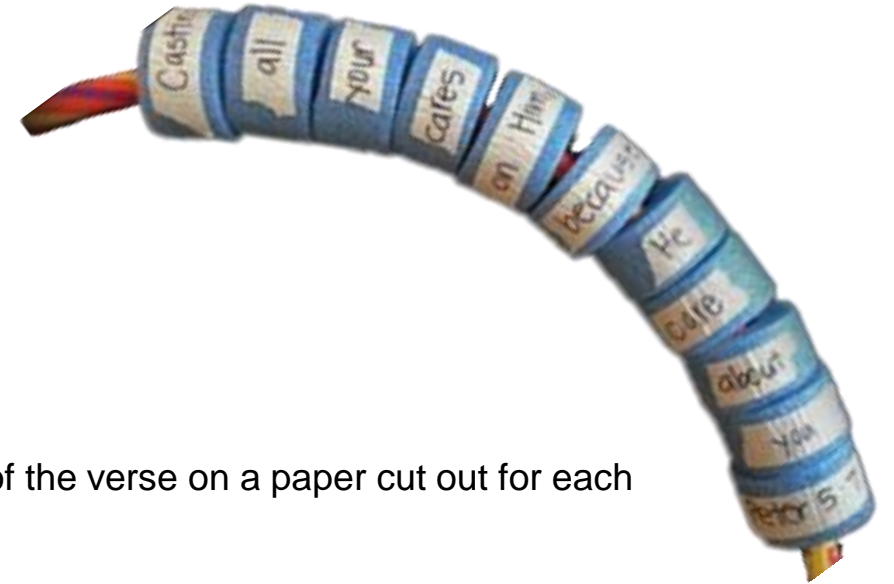
- long thick cotton twinge, paper cut-outs, pen, glue

How to Conduct

- Groups will have kids of different age. Arrange kids so younger kids do things easier for them. Ask them to plan their strategy
- The word cut-outs need to be hooped on the twinge and glued to complete the bible verse in an order.
- Group that completes the activity first gets 300 points, then 200, 100 and then 50

Reference:

- <https://kidsministry.lifeway.com/2014/09/19/game-of-the-week-noodle-hoops/>



DAY 1
Session 1

Game 1

Message

- Pathway thinking: Each child develops a specific strategy over time to reach the goal of completing the game on time. Hope has the potential to help us improve overtime. In the game, as the groups progress, they identify better strategy to hoop the noodle and teams work strategically to completion.

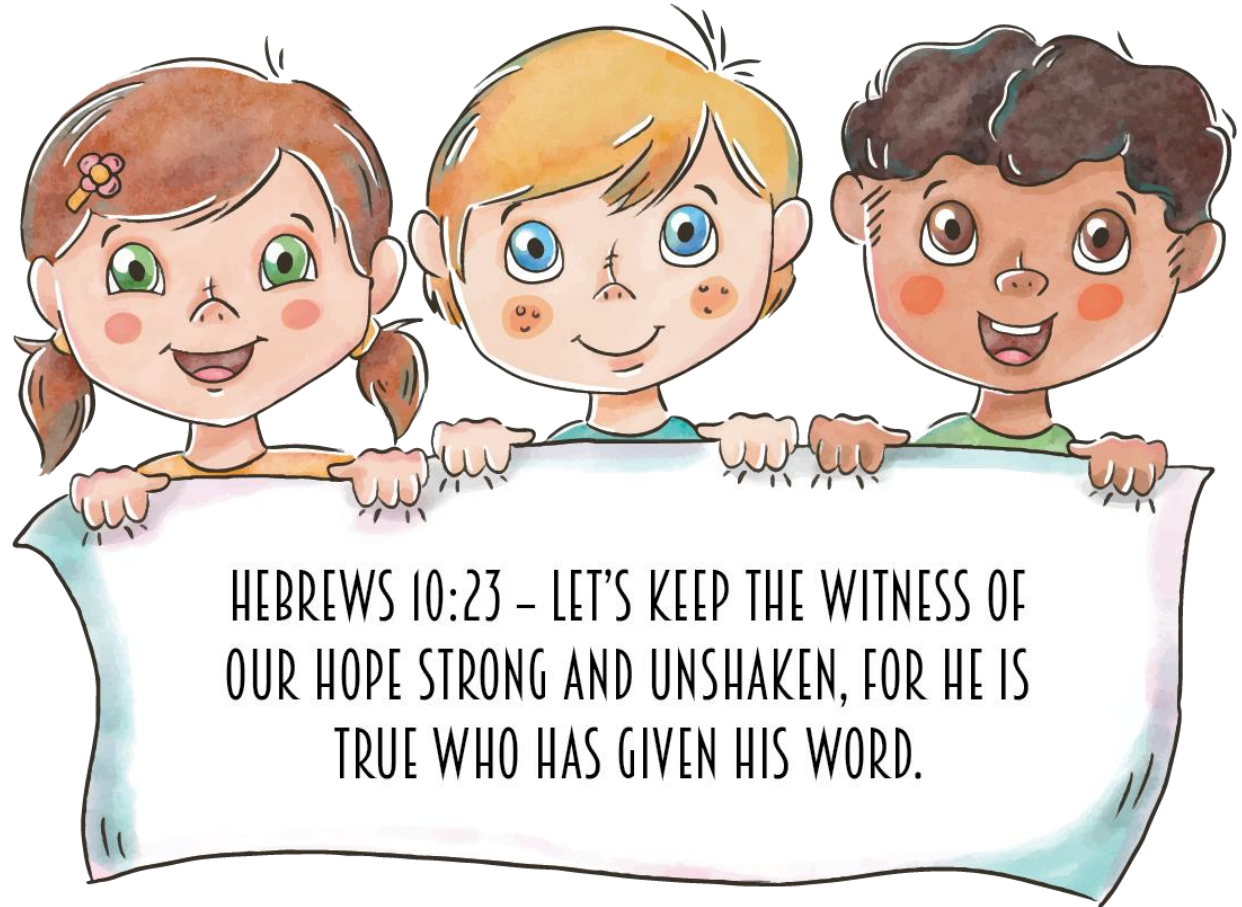
Hope

A pink butterfly with detailed wing patterns is positioned to the right of the word "Hope", appearing to fly towards it.

DAY 1
Session 1

Repeat

Slogan for The Day



DAY 1
Session 1

Game 2

Fishing Game

Game Name:

- Fishing game

Preparations for the activity:

- 30 small white plastic balls with verse of the day and additional words written on it with marker.

Materials Required:

- 30 small white plastic balls, a big box, a small box, timer, fishing mesh or strainer.

Rules / How to Conduct:

- Game is played one group at a time.
- All balls with the words prewritten are placed in the box.
- When the timer starts, one player fishes words from box and picks one ball at a time. If the word picked is a part of the bible verse for the day, then it's placed to complete the bible verse row. Else its placed in the small box.
- Group that completes the bible verse in order and fastest gets 200 then 150 , 100 and 50 points.



DAY 1
Session 1

Game 2

Message

- Aim of the game to help children understand words of the Bible
- Aim is also team building of kids understanding the message of playing together with the hope of winning the game. Strategy taken to complete the game
- Children at the end of game discuss on strategy on how they could play the game better next time



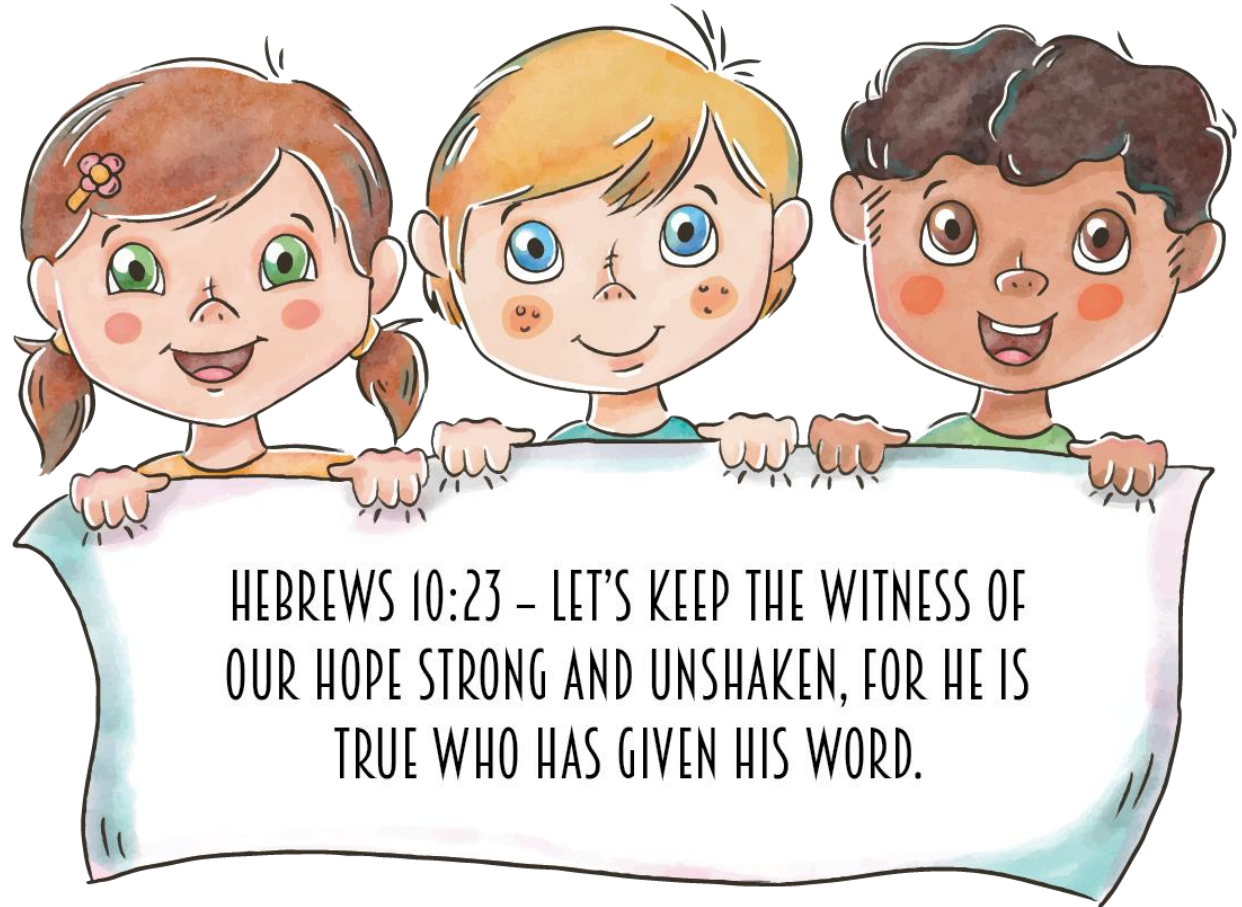
Having
HOPE will
give you
courage.

JOB 18:11

DAY 1
Session 1

Repeat

Slogan for The Day



DAY 1
Session 1

Action Song

Play action song on a shared device and help children do sing the song on hope along with the actions played in the video link below:

[Jana Alayra Show me Your Ways](#)



Summary & Conclusion

- Ask kids to share what they learnt about hope
- Ask kids to share their thoughts on the activities and what did they learn from the activity.

Conclusion:

- Hope motivates each of us to initiate and sustain action toward long term goals, including ability to manage obstacles that help in goal attainment.
- Hope is perceived as a protective factor against chronic anxiety.
- Hope is positively related to overall life satisfaction.
- The one who has hope has been granted the gift of a new life and lives differently.
- There is hope in each one of us and we need to live with hope and that knowledge to change our lives in creative and surprising ways.



BREAK

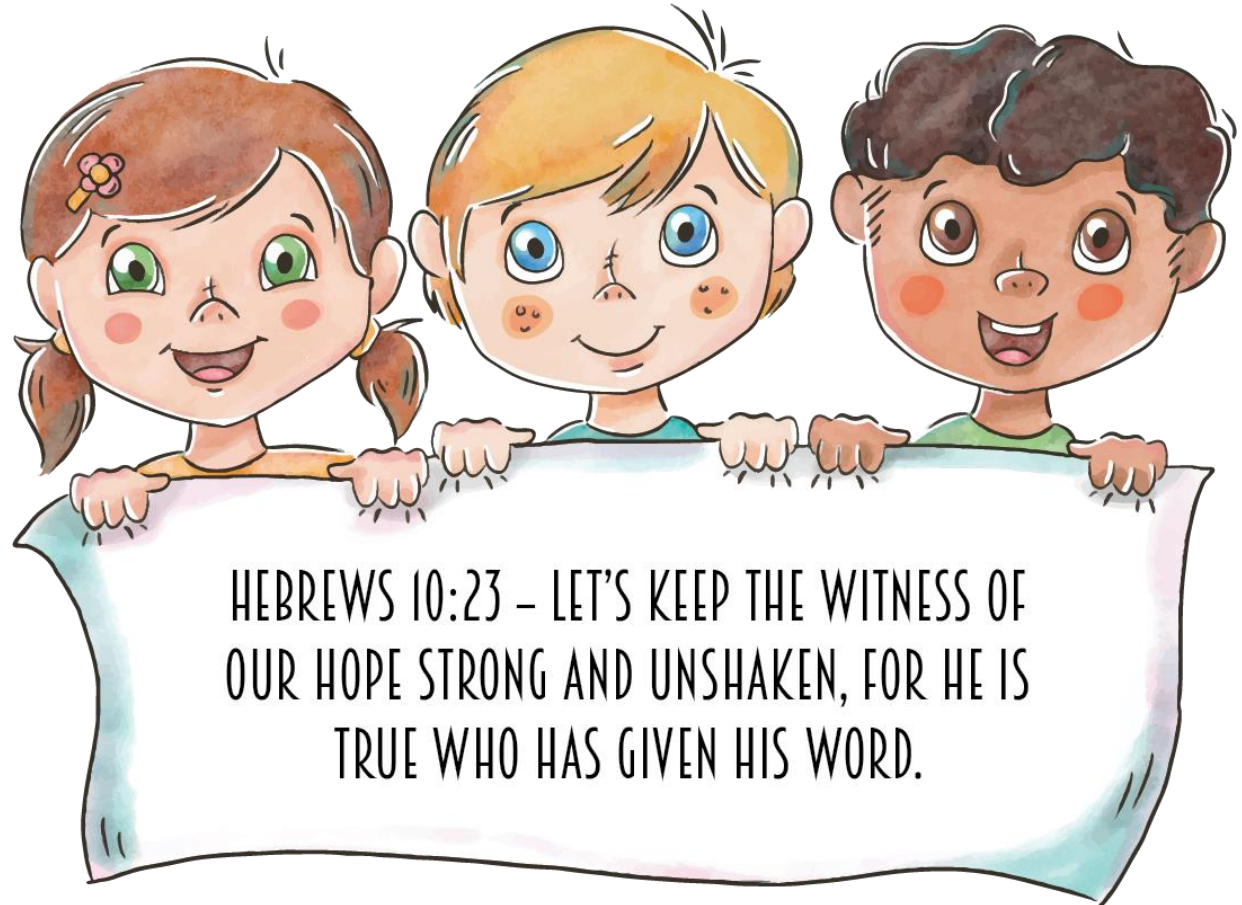
Session 2 - Overview

Item	Duration	Description or Details
Introduction	0:05	
Ice Breaker	0:10	
Theme Presentation	0:30	
Game 1	0:10	
Game 2	0:10	
Conclusion	0:10	

DAY 1
Session 2

Repeat

Slogan for The Day



DAY 1
Session 2

Game 1

Cup Stack Relay

Game Name:

- Cup Stack Relay

Materials Required:

- Different color plastic cups set of 10, marker, timer.

Rules / How to Conduct:

- Make a group of 5-8 children
- Each group gets a set of 10 coloured cup with a bible verse on Hope
- You could write a bible verse for the group marked on the cup.
- All glasses are kept at the start – kids spread out in a row to play the relay keeping distance from start to a table where the cups need to be stacked.
- When the game starts, pass one cup at a time from start to next child to the child standing at the end near the table to stack the cup.

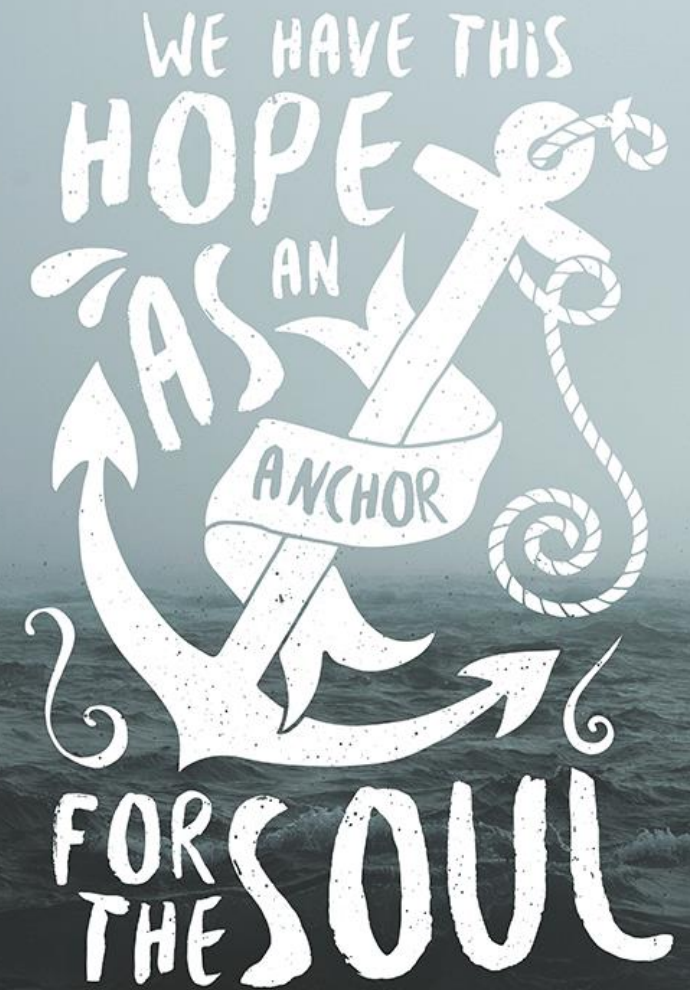


DAY 1
Session 2

Game 1

Message

- In group as we build up the cups stack – we all hope that the stack doesn't fall and also hope that group makes the biggest stack within the time.
- Aim of the activity is for children to play together as a team involving all and using strategy with the hope to win the game for the team.
- Aim is to build team spirit within the team and among the children.
- Aim is to help children understand the importance of importance and team spirit.



HEBREWS 6:19

DAY 1
Session 2

Alternate Game

Musical Arm



Game Name:

- Musical Arm

Materials Required:

- Music

Rules / How to Conduct:

- Make one group stand in circle with arm on hip. Number of students in circle must be less than number of students walking in circle
- One group moves around the circle when music starts
- When music stops hold an arm.
- Kids left back are out of the game
- Students to be move in circle in clockwise direction only.



BREAK

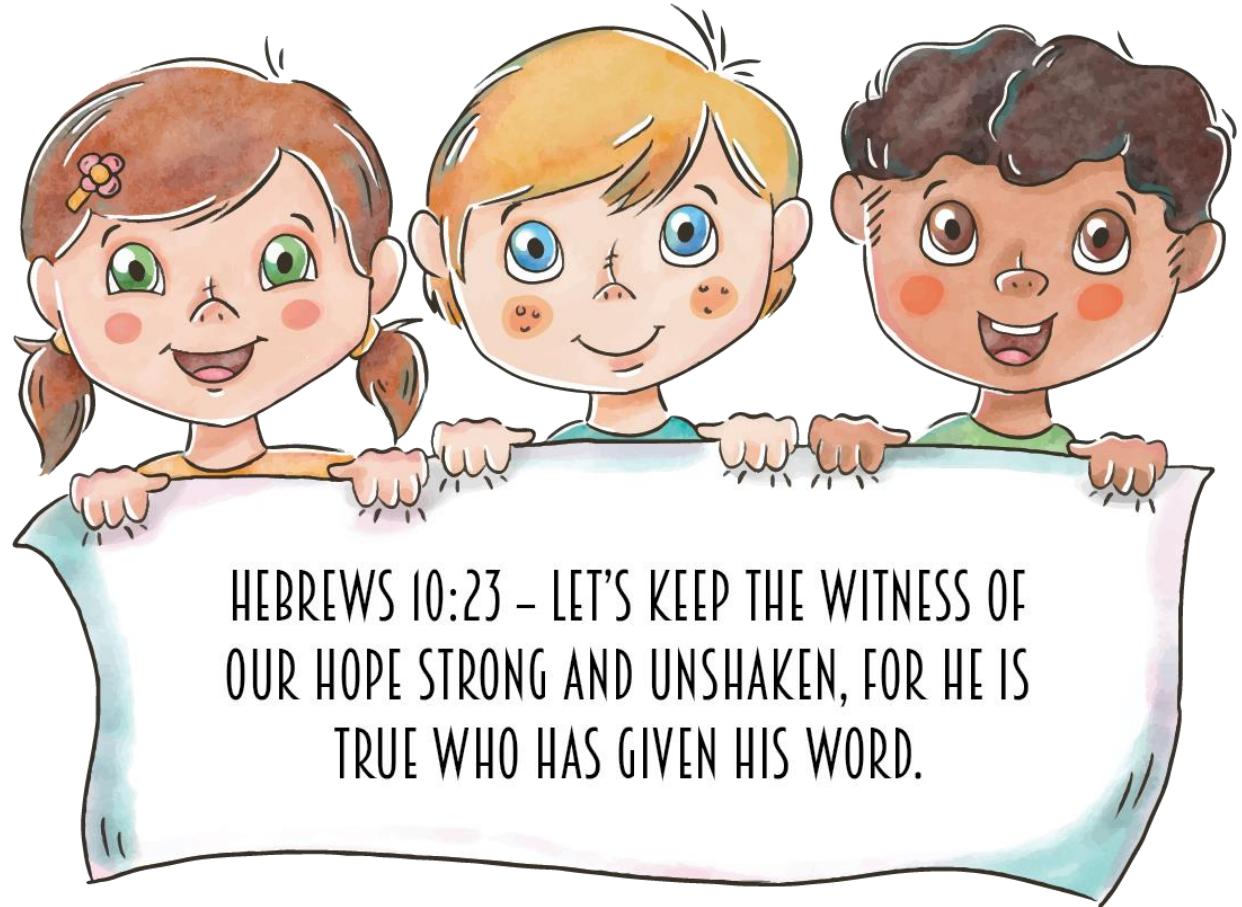
Session 3 - Overview

Item	Duration	Description or Details
Introduction	0:05	
Ice Breaker	0:10	
Theme Presentation	0:30	
Game 1	0:10	
Finale Preparation	0:10	
Conclusion	0:10	

DAY 1
Session 3

Repeat

Slogan for The Day



DAY 1
Session 3

Finale Preparation

Hail Mary in Syriac



DAY 1

Summary & Conclusion

- Conclusion and summary of learnings for the day
 - Pray, hope and don't worry. There is no point in worrying, God is merciful and will hear your prayers
 - Never give up on hope, never doubt, never tire, never become discouraged
 - Prayer is the place of refuge for every worry, a foundation for cheerfulness, a source of constant happiness, a protection against sadness
- Points calculations
- Day 1 give aways
- Prayer
- Thank you and good-byes





FRUITS OF THE HOLY SPIRIT & ECCLESIAL LIVING



Item	Duration	Start Time	End Time
Holy Mass			
Tea Break			
Session 1 - Introduction - Ice Breaker - Balloon Banter - Theme Presentation - Game 1 - Relay Race - Game 2 - Fruit Trees - Game 3 - Fruity Octopus - Conclusion			
Lunch Break			
Session 2 - Theme Presentation - Game 1 - Church Collage/Puzzle Game - Game 2 - Chu Chu Train - Conclusion			
Tea Break			
Session 3 - Theme Presentation			
Finale Practise			

DAY 2

Session 1

What are the Fruits of the Holy Spirit?

Session 1 - Overview

Item	Duration	Description or Details
Introduction	0:05	
Ice Breaker	0:10	
Theme Presentation	0:30	
Game 1 - Relay Race		
Game 2 - Fruit Trees		
Game 3 – Fruity Octopus		
Conclusion		

DAY 2
Session 1

Ice Breaker

Balloon Banter



Materials Required:

- Different colored balloons

Rules:

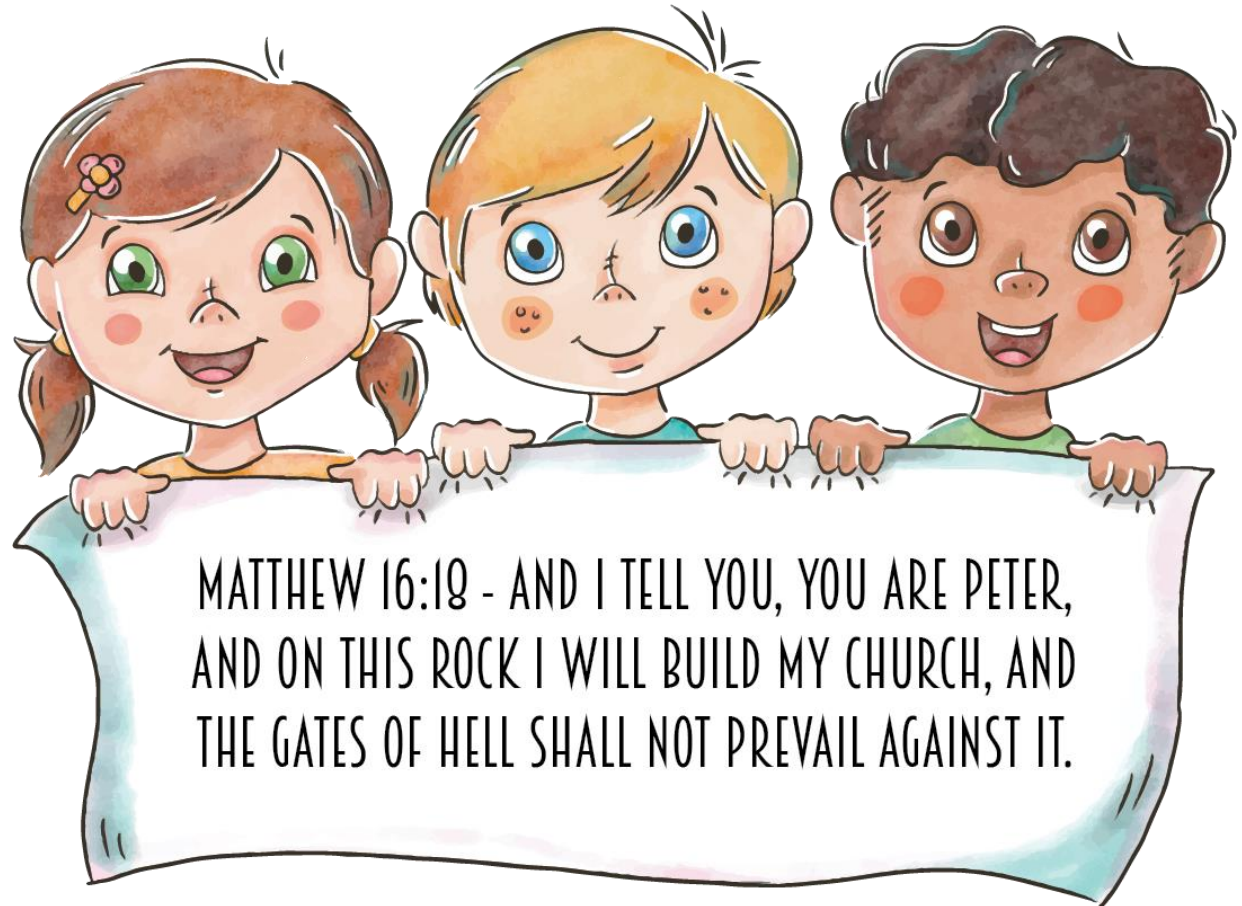
- Inflate multiple colours of balloons. The more children, the more balloons you will need. Have children line up into two equal lines facing one another (4-5 feet apart). Distribute the balloons. At the go, children toss the balloons to the children facing them. The object is to keep the balloons in the air and volleying back and forth. If the balloons go on the floor, the child will stand out of the game for the round. After a few seconds of play, teacher calls out, “Balloon Banter!”, signalling players to freeze and hold the balloon still. The children holding the balloons in that round take turns answering the matching colour-coded question the teacher displays. When the children holding the balloons have answered, play continues as before. Play as long as time allows.
- RED = What is your name?
- BLUE = Do you have any siblings?
- YELLOW = Who is your favourite saint?
- GREEN = Where is your favourite place to go?
- ORANGE = What is your favourite food?
- PURPLE = What is your favourite game?



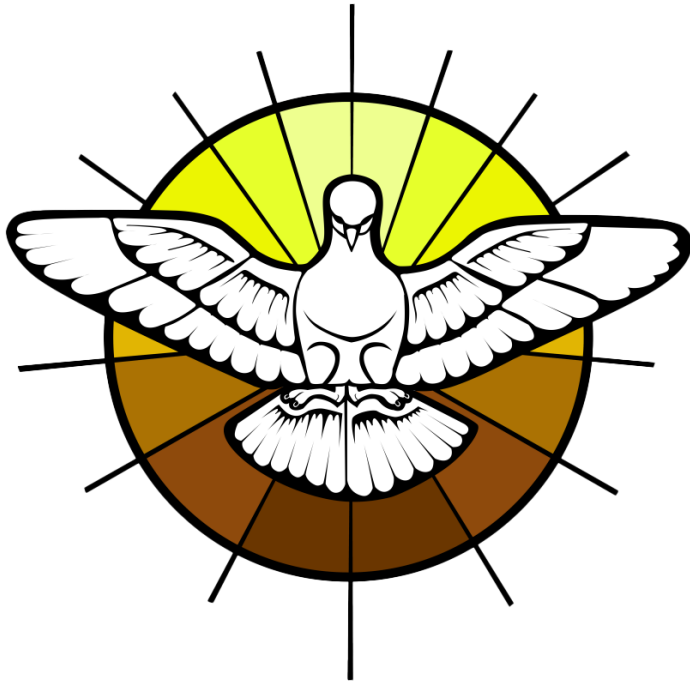
DAY 2
Session 1

Fruits of the Holy Spirit and Ecclesial Living

Slogan for The Day



DAY 2
Session 1



THE 12 FRUITS OF THE HOLY SPIRIT

"Just so, every good tree bears good fruit, and a rotten tree bears bad fruit. A good tree cannot bear bad fruit, nor can a rotten tree bear good fruit. Every tree that does not bear good fruit will be cut down and thrown into the fire. So, by their fruits you will know them."
Matthew 7:17-20

KINDNESS

MODESTY

PATIENCE

PEACE

CHASTITY

GOODNESS

GENTLENESS

FAITHFULNESS

SELF-CONTROL

CHARITY

JOY

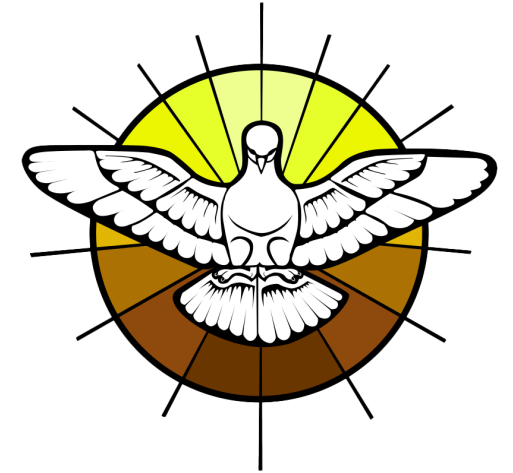
GENEROSITY

DAY 2
Session 1

Fruits of the Holy Spirit and Ecclesial Living

Theme Presentation

- Fruits of the Holy Spirit are the by products of Christ's control in Church and our lives.
- We are the chosen people of God set apart for God.
- We get this anointing through the sacrament of baptism. In baptism, we receive the Holy Spirit and thereby become the children of God in Church.
- In order for the Fruits of the Holy Spirit to grow in our lives, we must know Jesus, love him, remember him, and imitate him. Fruits of the Holy Spirit become active in our lives when we do all these willingly.
- Fruits of the Holy Spirit separates us from Godless and evil world, reveals a power within us and helps us to become more like Christ in our daily lives.
- To understand the Fruits of the Holy Spirit, we must see ourselves not as individual trees but as an entire garden under the cultivation of God's Spirit in Church.
- God's purpose involves not simply the production of a single kind of fruit, but all the fruits each becoming ripe as it is needed.
- As Christ – Head of the Church we are different parts in the body of Christ, when we live with Fruits of the Holy Spirit in our lives, we become stronger and live in harmony and in good relationship with Christ and Church.



Day 2
Session 1

Game 1

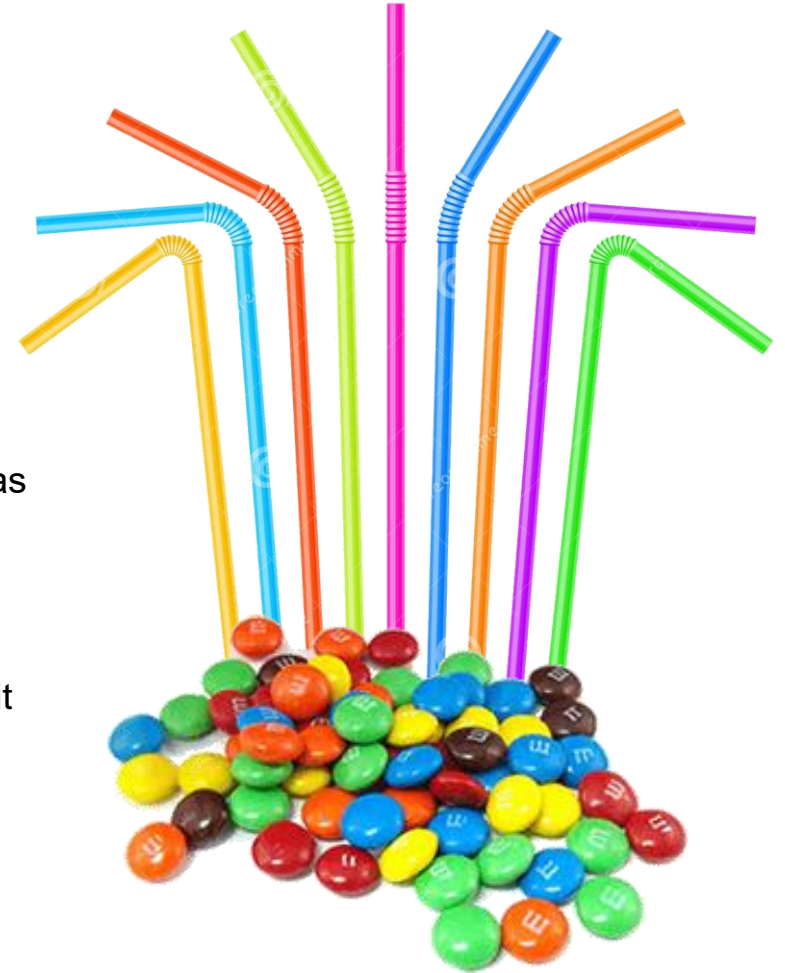
Relay Race

Materials Required:

- M&M'S, straws, bowls, Fruits of the Holy Spirit chart

Rules:

- Separate the children into 4 groups and give each group some M&M's inside a bowl as well as another bowl next to where they are playing the game – give each child a straw. The teachers will count down, 3, 2 and 1, when they say go, the 1st child of each group will move a M&M and place it in another bowl with the help of a straw. After one child has had a go of moving ONE M&M and saying a Fruit of the Holy Spirit afterwards, the next person in the group will do the same. Repeat this until all the Fruits of the Holy Spirit are said and once all the kids in each group has had a turn. The group that finishes saying all the 12 Fruits of the Holy Spirit without dropping any M&M'S first is the winner.

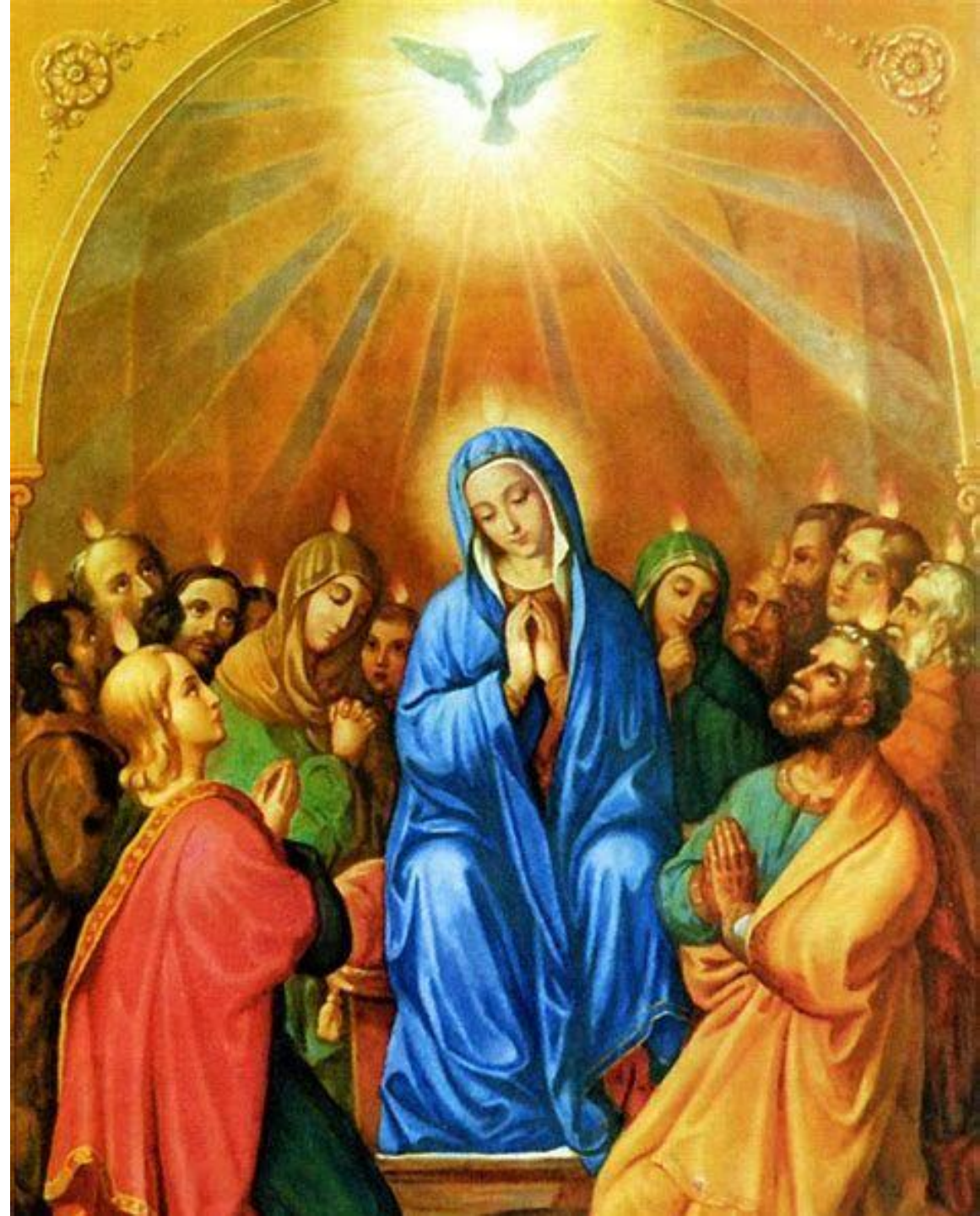


Day 2
Session 1

Game 1

Message

- Children should be able to memorize and learn the Fruits of the Holy Spirit.



Day 2
Session 1

Game 2

Fruit Trees

Materials Required:

- Green Construction Paper/Tissue Paper, Green piece of ribbon, Staplers, Glue Stick, Different coloured poster papers and pencil

Rules:

- Using green construction paper, or even using many layers of tissue paper, have children cut out at least a dozen of their own handprints. Turn the handprints all upside down so that the wrist are at the top. Attach each, using a stapler, to a satin green piece of ribbon or a poster board. Spread the handout, some attached lower and higher, and some angled outwards. It will look like a very leafy fur or oak tree.
- Add Fruits of the Holy Spirit with a glue stick onto the tree. Make them large enough so that students can write the name of each fruit on it.

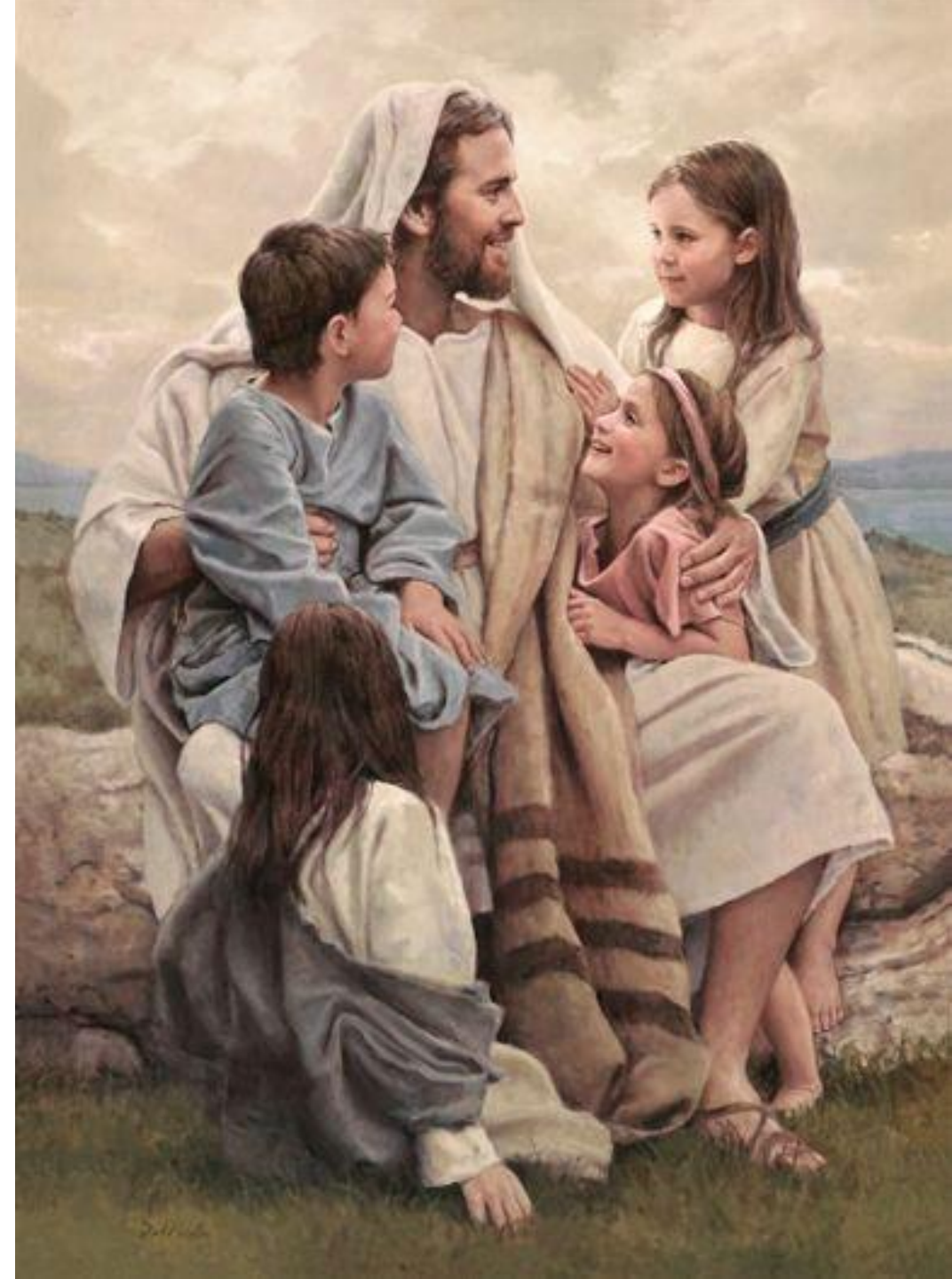


Day 2
Session 1

Game 2

Message

- Ask children questions, “What’s missing from the trees?”, “What do trees often give us?” - Answer: Fruits
- “What are the Fruits of the Holy Spirit in reality?” - Answer: Good things that every person has in their spirit or their personality
- “How do we get the Fruits of the Holy Spirit to work in our lives?” - Answer: Staying close to Jesus and do what he tells you and love and trust him
- “Why are they called fruits? Why not simply call them good qualities?” - Answer: They are the buy products of Christ’s control; we can’t obtain them by trying to get them without his help
- “How are we like fruit and how is Jesus like a tree?” - Answer: If we hang onto Jesus, he will nourish our spirit and make us pretty and sweet
- “What happens to the fruit that falls away from its tree?” - Answer: It doesn’t grow anymore, and it slowly begins to rot and die
- “What are some of the ways for the Fruits of the Holy Spirit to grow in our lives?” - Answer: Having a personal relationship with Jesus, through prayer, thinking of him during the day, reading bible, taking part in Holy Qurbana and through sacraments.



Day 2
Session 1

Game 3

Fruity Octopus



Preparations for the activity:

- Different fruits like apples, green apples, red grapes, strawberries, blueberries, peaches, pomegranates and oranges – all these cut or chopped and kept in air sealed containers. Just before, the activity, place the green apple face down in the middle of the plate.

Materials Required:

- All different kinds of fruits, white icing, paper plates and spoons.

Rules:

- Does anyone know what type of a critter is on our plates? An apple. It looks like an apple! But that's Octi the Octopus. He's smiling! Why do you think that is? It's because Octi just accepted Jesus into his heart. Now Jesus is going to give him the fruits of the spirit! The fruits of the spirit are going to help him get around a little better. Let's make a face for Octi with apples, pomegranates and oranges! First, let's pretend these fruits are magical. They contain some of God's special blessings that Octi really needs. First, Octi needs **JOY**. Take the green apples and create a face. Second, Octi, needs **PEACE**. Take the pomegranates and create 2 eyes. Third, Octi needs **PATIENCE**. Take the oranges and create a smiley face. Fourth, Octi needs **KINDNESS**. Take the green grapes and create one leg. Fifth, Octi needs **GOODNESS**. Take the red grapes and create one leg. Sixth, Octi needs **FAITHFULNESS**. Take the strawberries and create one leg. Seventh, Octi needs **GENTLENESS**. Take the blueberries and create one leg. Eighth, Octi needs **GOODNESS**. Take the kiwi and create one leg. Ninth, Octi needs **GENEROSITY**. Take the banana and create one leg. Tenth, Octi needs **MODESTY**. Take the raspberries and create one leg. Eleventh, Octi needs **SELF-CONTROL**. Take the peaches and create one leg. Now, Octi has beautiful fruits that help Octi to move around well. Most important fruit is Love. Where is Love? It's in Octi's **HEART** because the **LOVE** of Jesus is the first thing we feel when we ask him to come in. Now we will have our delicious, nutritious snack!

References:

- www.TeachSundaySchool.com

Day 2
Session 1

Game 3

Message

- The Octopus can get around now with all his beautiful fruits that Jesus gave him. The Fruits of the Spirit work the same way in our lives! They are just not real fruits – but real wonderful character traits that we can have once Jesus is in our hearts. If we call on Jesus to give us the Fruits of the Spirit, we will be able to get around in life a lot better. We will be filled with good things instead of bad and the love of Jesus will always be with us.



DAY 2
Session 1

Summary & Conclusion

- Fruits of the Holy Spirit are the by products of Christ's control in our lives.
- We are the chosen people of God set apart for God.
- We get this anointing through the sacrament of baptism. In baptism, we receive the Holy Spirit and thereby become the children of God.
- In order for the Fruits of the Holy Spirit to grow in our lives, we must know Jesus, love him, remember him, and imitate him. Fruits of the Holy Spirit become active in our lives when we do all these willingly.
- Fruits of the Holy Spirit separates us from the godless and evil world, reveals a power within us and helps us become more Christ-like in our daily lives.
- To understand the Fruits of the Holy Spirit, we must see ourselves not as individual trees but as an entire garden under the cultivation of God's Spirit.
- God's purpose involves not simply the production of a single kind of fruit, but all the fruits each becoming ripe as it is needed.
- As Christ – Head of the Church we are different parts in the body of Christ, The Church and when we live with Fruits of the Holy Spirit in our lives, we become stronger and live in harmony and in good relationship with Christ and one another.



BREAK

DAY 2

Session 2

Living in the Holy Spirit is a Community Living

Session 2 - Overview

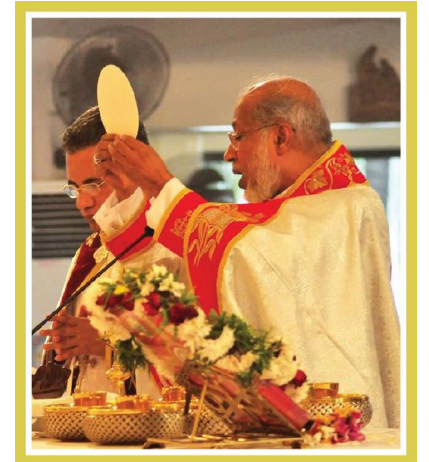
Item	Duration	Description or Details
Introduction	0:05	
Ice Breaker	0:10	
Theme Presentation	0:30	
Game 1 – Church Collage		
Game 2 – Chu Chu Train		
Conclusion		

DAY 2
Session 2

Living in the Holy Spirit is a Community Living

Theme Presentation

- “Train a child in the way he should go and even when he is old, he will not turn away from it.” Proverbs 22:6
- The identity of a community springs from its way of life, the stronger it lives its identity, the better the commitment of the community towards its future.
- God created things diverse and varied, the variety and diversity found in creation.
- We Syro Malabar Catholics, have our own history, liturgy and tradition. We are Indian in culture, Christian in religion and oriental in worship.
- Syro Malabar Church is an Eastern Catholic Church in full communion with the Roman Catholic Church.
- Syro Malabar is the 2nd Eastern Catholic Church with more than 4 million members worldwide.
- Sharing the Christ experience from St. Thomas the apostle, Syro Malabar Church follows the East Syriac liturgy.
- The Syro Malabar tradition summarises the whole mystery of salvation in its celebration of Eucharist.
- The Eucharistic celebration is called Qurbana which means an offering. It is in liturgy that one is given the experience of heaven.
- There are some of the unique cultural and religious tradition observed by the Syro Malabar Church throughout the years.



Day 2
Session 2

Game 1

Church Collage/Puzzle Game

Preparations for the activity:

- Explain each part of the Church with pictures, print outs of pictures with explanations

Materials Required:

- Chart paper, glue/glue stick, markers/colour pencils, paper cut print outs of different areas of the Syro Malabar Church like – Madbaha, Kesthroma, Bemma, Hykala, Mondolam.

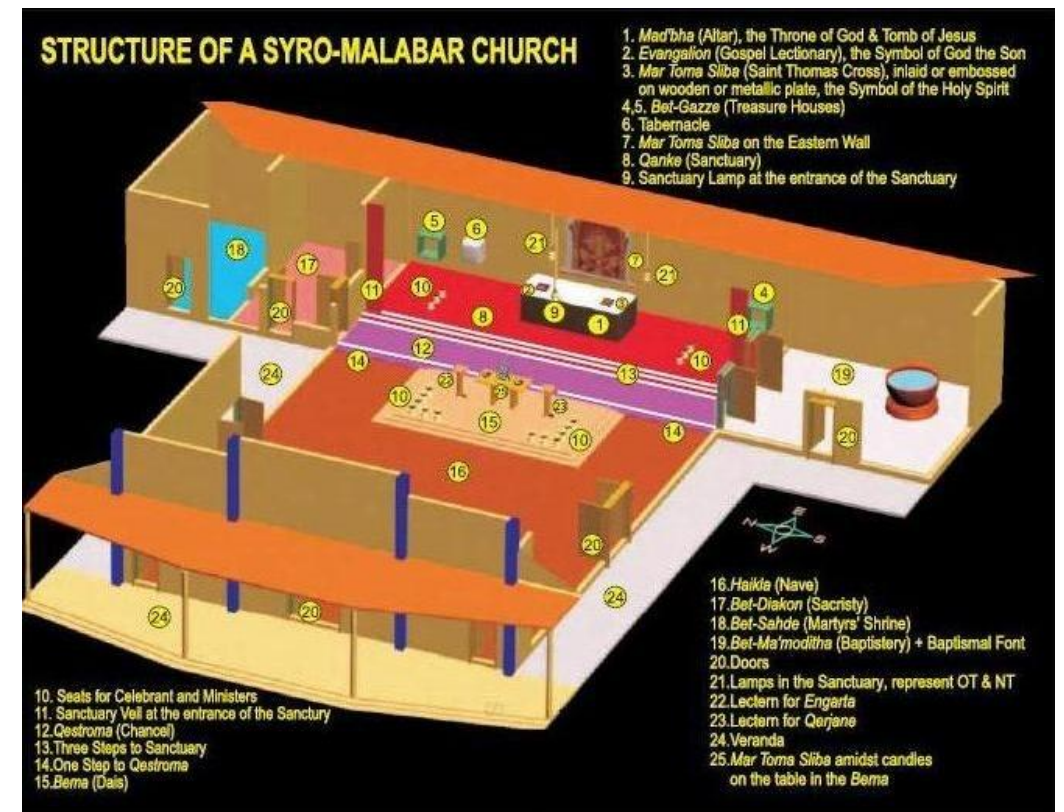


Day 2
Session 2

Game 1

Church Collage/Puzzle Game

Rules / How to Conduct:



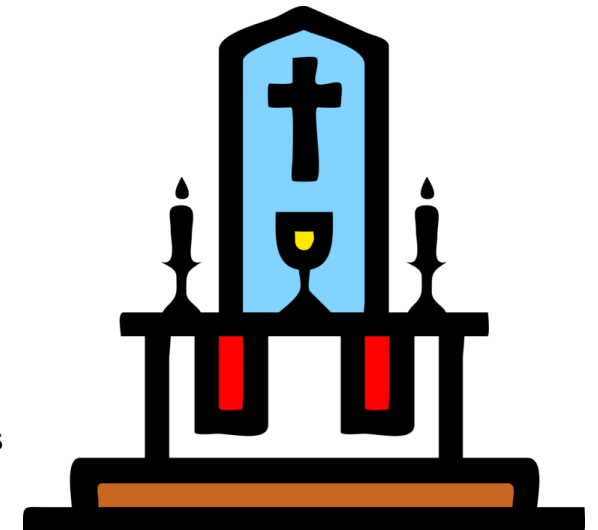
Day 2
Session 2

Game 1

Church Collage/Puzzle Game

Rules / How to Conduct:

- **The Tabernacle:** The tabernacle is a receptacle for reserving the Holy Eucharist for holy communion outside the Qurbana, and for adoration.
- **The Altar:** The altar is the center of the sanctuary. The divine mysteries are celebrated on the altar. The altar symbolizes the divine throne of the Holy Trinity, the tomb of Christ, the sacrificial altar, the ladder leading to heaven, the table for banquet, etc.
- **The Hykla:** This is the place where the faithful assemble; it is symbolic of the earth.
- **The Sanctuary (Madbaha):** This is the most holy place. The sanctuary is symbolic of heaven; it provides an experience of heaven suffused with the glorious presence of God and the praises of God continuously poured out by the heavenly hosts. The lowering height of the sanctuary as well as its roof reveals the supremacy of heaven over the earth. The sanctuary is, usually, built three steps higher than the questroma. The custom of protecting the sanctuary with a veil reveals the sanctity and supremacy of the place.



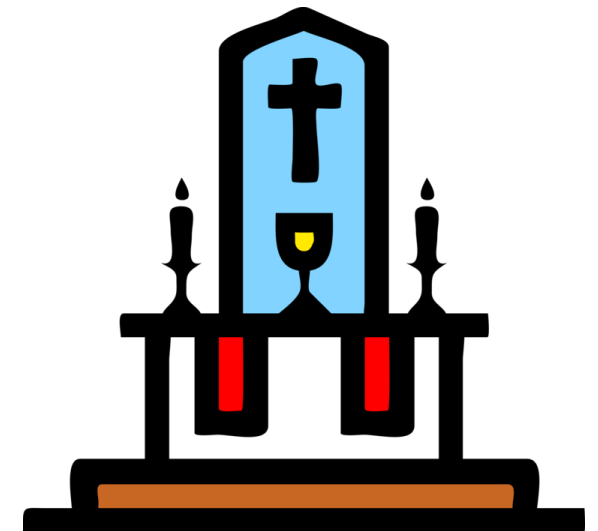
Day 2
Session 2

Game 1

Church Collage/Puzzle Game

Rules / How to Conduct:

- **The Sacristy:** This is the place where the celebrant and the deacons put on their sacred vestments and prepare for the celebrations.
- **The Bema:** The bema is arranged either in the middle of the hykla or adjacent to the questroma. A table is kept at the center of it with a cross and candles. On either side of it, lecterns and chairs for the celebrant and deacons are arranged. The bema is a symbol of the earthly paradise.
- **The Baptismal Font:** This is specially arranged to baptize the candidates. Christians are supposed to be born in the font, receive food from the altar and grow into the community of saints.
- **Confessional:** A confessional is a cabinet, box or booth in which the priest sits to hear the confessions of penitents.



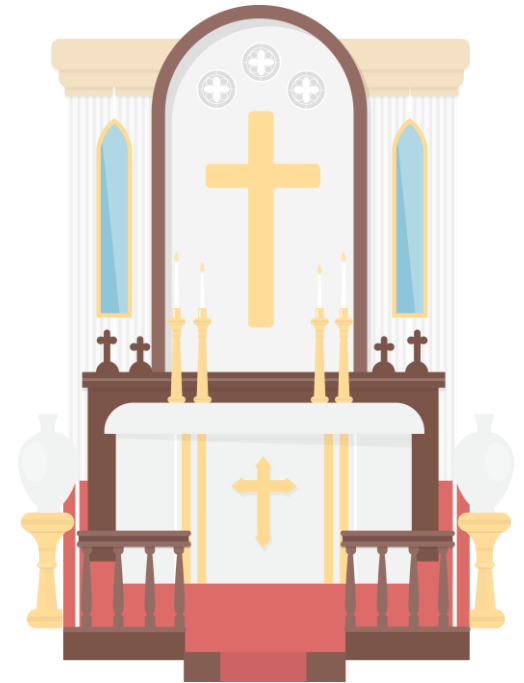
Day 2
Session 2

Game 1

Church Collage/Puzzle Game

Rules / How to Conduct:

- After explaining the different parts of the Syro Malabar Church from the prepared chart, separate the children in two groups.
- Provide both groups with a big poster of the Church.
- Give each group pictures of different parts of the Church and let the children paste the images with glue on the given areas of the Church in the big chart/poster.
- The group that pastes all the images on the poster in the correct order first is the winner.



Day 2
Session 2

Game 1

Message

- Children learn different parts of the Syro Malabar Church.
- Learn more about Church living and liturgy.
- Able to understand the importance of different parts of the Syro- Malabar Church meaningfully.



Day 2
Session 2

Game 2

Chu Chu Train

Materials Required:

- Song printed out

Rules/How to conduct:

- Explain to the kids that we are making a train by each person becoming compartments of the train.
- Make children stand one behind the other, holding onto the shoulder of the child in front of them.
- The first child in the line becomes the leader and leads the train.
- At first, stamping the feet one after the other and then for the next round, jumping up and moving around singing the song along with it.
- This train game can be played for a few times.



Day 2
Session 2

Game 2

Message

- This train has its destination the same way we are all travelling together to our destination which is heaven, in order for us to get to heaven, we will have to be living together as a community and share our love and friendship between us and to God and that way, we will be more fruitful in our life. If we are not connected to each other, our journey to heaven will be harder. When we get connected to Jesus, we will have Fruits of the Holy Spirit in our lives which leads us live in harmony and good relationship with god and one another.



BREAK

DAY 2

Session 3

Living in Syro Malabar Tradition

Session 3 - Overview

Item	Duration	Description or Details
Introduction	0:05	
Ice Breaker	0:10	
Theme Presentation	0:30	
Game 1		
Game 2		
Conclusion		

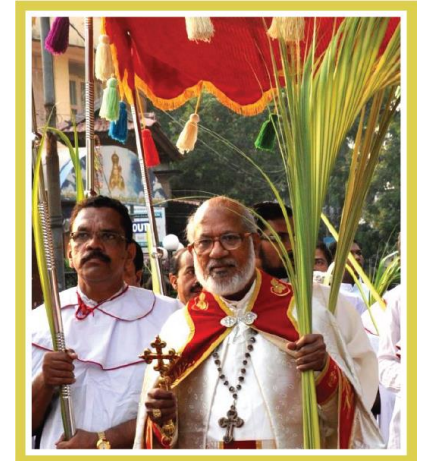
DAY 2 Session 3

Living in Syro Malabar Tradition

Theme Presentation

There are some unique, cultural and religious tradition observed by the Syro Malabar Church throughout the year. Lent Period and Holy Week celebrations are:

- **Pethratha** – It is the day before starting the Lent
- **Ambathu Nombu** – It is for full 50 days abstaining from meat, fish and things you like the most
- **Kozhukatta Perunnal** – The Saturday before Palm Sunday is celebrated as Kozhukatta Perunnal . Kozhukatta is prepared in a round shape. It reminds of hospitality of Martha and Mary in the house of Lazarus. Mary anointed Jesus' feet with the perfume of pure nard from the expensive alabaster jar. Kozhukatta resembles the alabaster jar of Mary and when it is steamed hot and broken, it fills the home with the sweet perfume of rice flour, jaggery, coconut and spices. Kozhukatta is only prepared that day of the year and shared with the neighbours in order to foster unity and brotherhood.
- **Hosana Sunday** – On Hosana Sunday, palm leaves are brought home from the church, and it is a symbol of protection from evil.
- **Pesaha Vyazham** (Maundy Thursday) – The kuriasappam and pal (milk) is prepared and breaking of bread done at home with all the family members at home together. It is done as a part of the family celebration of the Passover feast.
- **Good Friday and Holy Saturday** - Good Friday and Holy Saturday are spent in prayer
- **Daily Family prayer, fasting and penance** – especially on Fridays, special devotion to Mother Mary and saints are some of the hallmarks of our community.
- **Feast of saints**, especially of the patron saint of the parish are celebrated with colourful procession, carrying the relic of the footsteps of the saints.





MOTHER MARY & DISCIPLESHIP



Item	Duration	Start Time	End Time
Holy Mass			
Tea Break			
Session 1 <ul style="list-style-type: none">- Introduction- Prayer- Slogan with action- Prayer activity- Ice Breaker - Bible Charades- Theme Presentation- Action Song- Conclusion			
Lunch Break			
Session 2 <ul style="list-style-type: none">- Activity - Flower Crown for Mary- Video- Final Quiz			
Tea Break			
Session 3 <ul style="list-style-type: none">- Finale Preparation			
Finale Practise			

Session 1 - Overview

Item	Duration	Description or Details
Introduction	0:05	
Ice Breaker	0:10	
Theme Presentation	0:30	
Game 1 –		
Game 2 –		
Conclusion		

DAY 3
Session 1

Introduction



Introduce teachers
and other resource
personnel



General safety rules



Present house-
keeping requirements



Explanation on the
agenda for the day

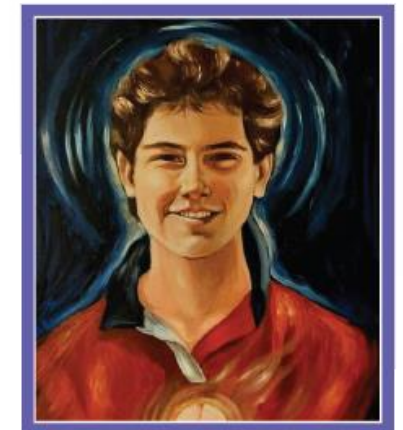
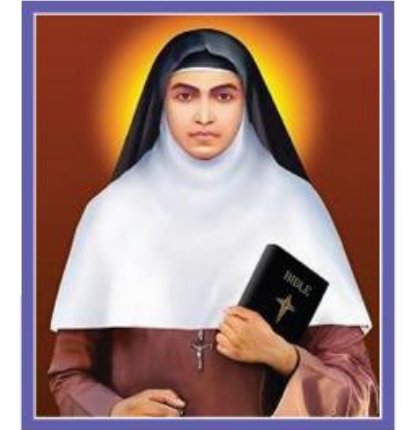
Children to report any concerns to the teachers

DAY 3
Session 1

Introduction:

Group Activity Expectations

- A group can have approximately 40 students with 4 teachers.
- For games and slogan competitions, groups can be subdivided into
- smaller groups of 10 or 20 each.
- Team Bethlehem will be divided into smaller groups
- by saint name for managing group activities.
- Suggested sub-group names:
 - Saint Sebastian
 - Saint Alphonsa
 - Saint Theressa
 - Saint Carlo Acutis

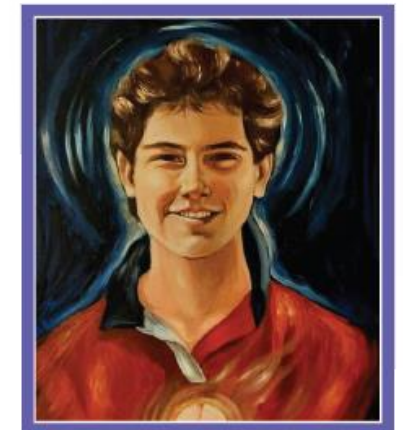
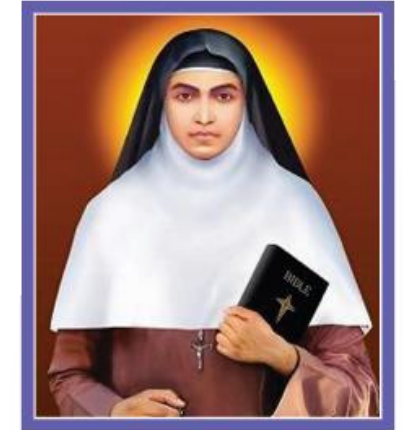
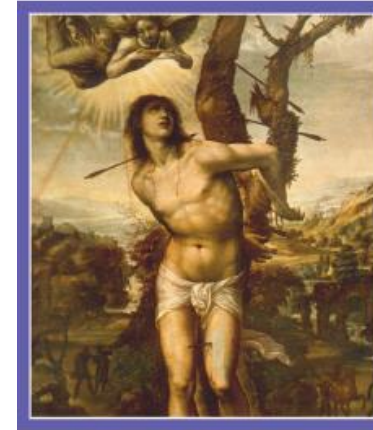


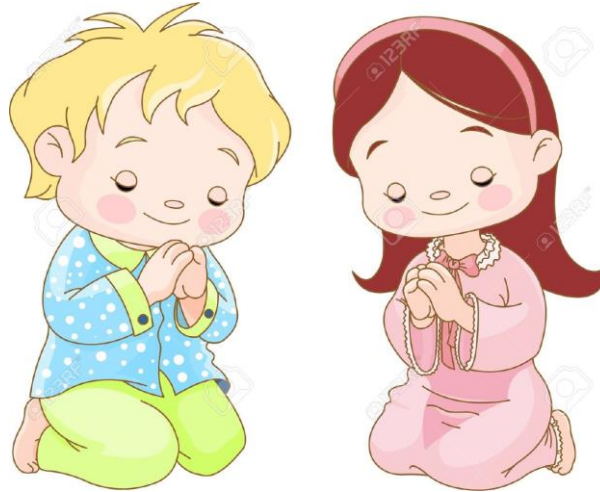
DAY 3
Session 1

Introduction:

Group Activity Expectations

- Each subgroup will have one teacher/volunteer assigned/ introduced
- There will be points for games, activities & poster making.
- Team which gets the highest point will be the winners at the end of the day Everyone in the group is expected to participate
- Need to repeat a chosen Bible verse as slogan after each activity and points given to the teams.
- Each group needs to use a poster to write what they understood from each section using diagrams or bullet point
- There will be points for games, activities & poster making.
- Team which gets the highest point will be the winners at the end of the day!





PRAYER (Start Each Day With A Prayer)

- Teachers to start with prayer and end with [Praise you Jesus- Teacher/ Thank you Jesus-students].
- Explain to the kids “We praise the Lord for His steadfast love and his works.”

“ Dear God, We want to praise You because we love You and because of how awesome and wonderful You are! “



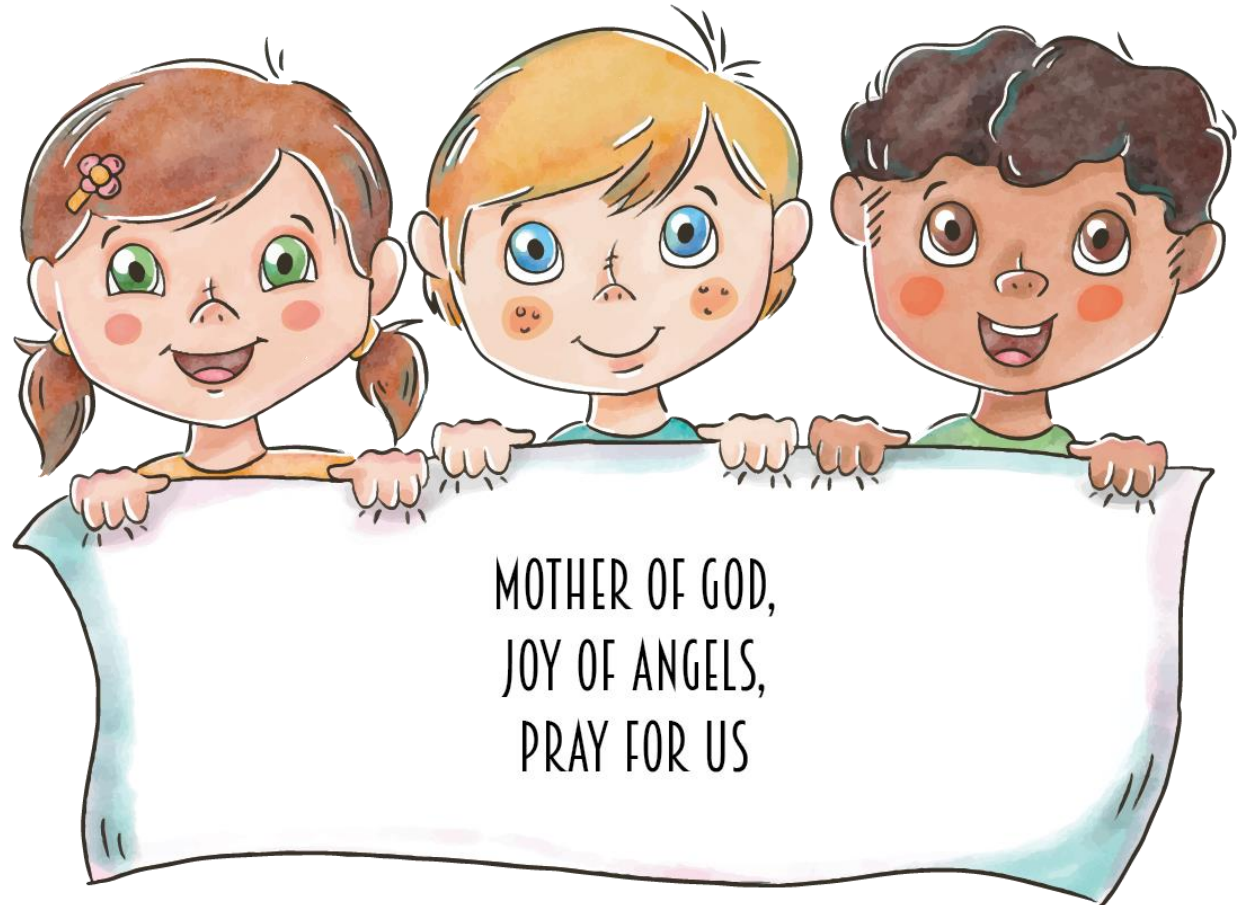
PRAYER

“Dear God, prepare our hearts to become disciples to have ears to hear and understand, and that we would become strong followers of you. Lord surround us with your love, fill us with your grace, and strengthen us for your service. Mary mother of Jesus Christ, the model of discipleship intercede for us. We pray that like Mary we may follow Jesus more closely in our lives. In the name of the Father, Son, and Holy Spirit. Amen.”

DAY 3
Session 1

Mother Mary

Slogan for The Day



DAY 3
Session 1

Mother Mary

Slogan for The Day



During the day frequently
say this short prayer:

“**SWEET HEART
OF MARY, BE
MY SALVATION**”

AND LET NO HARM COME TO MY FAMILY



[Sweet Heart of Mary Be My Salvation](#)



*Mother of Mary
with heart full of love
and humility,
give us your heart.*

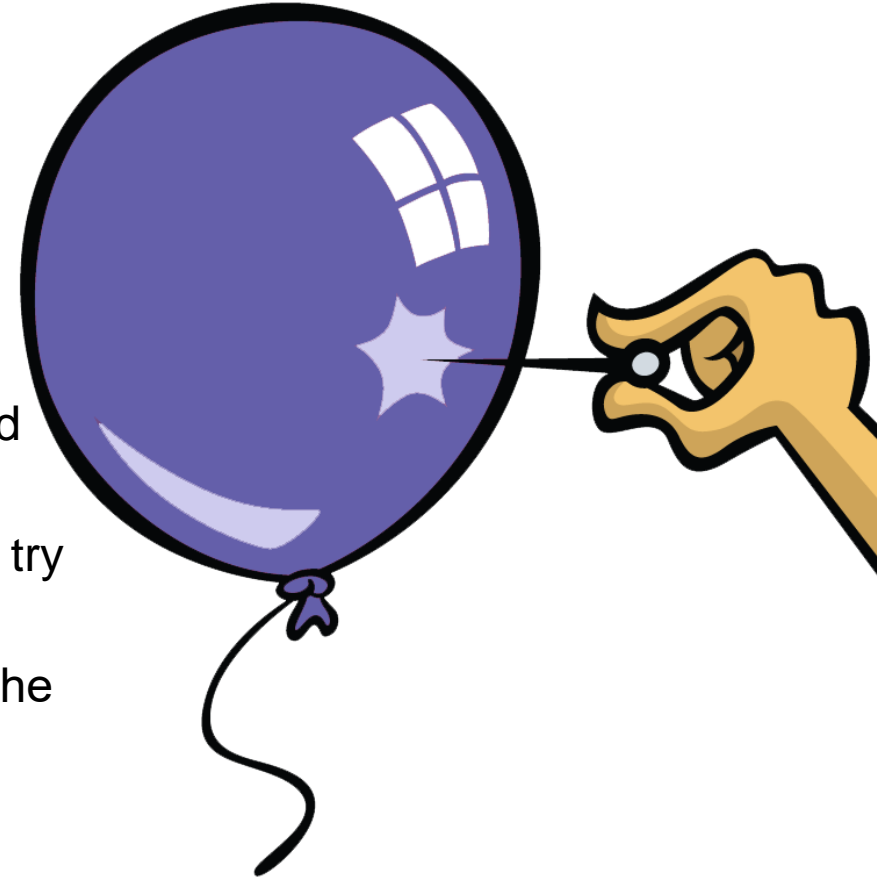


“ Mary, Give Me Your Heart;
So Beautiful, So Pure,
So Immaculate;
Your Heart So Full Of Love And Humility
That I May Be Able To Receive
Jesus In The Bread Of Life And
Love Him As You Love Him
And Serve Him In The Distressing
Guise Of The Poor”

-Mother Teresa

Prayer Activity

- Write down prayer requests on slips of paper.
- Each piece should go into a balloon, which will be blown and placed on a dart board.
- Once there are a handful of balloons on the dartboard, the children try to pop one balloon at a time.
- After a balloon is popped, pick up the prayer request you'll find on the floor and pray together before trying to pop another balloon.



DAY 3
Session 1

Ice Breaker

Balloon Banter

Materials Required:

- Index cards (10-20) with prompts, Timer, Scoreboard

Rules/How to conduct:

- Split the children into 2 groups.
- 2 student from each group is chosen as the “actors”, whose role is to act out a chosen prompt without speaking, while the remaining students guess the prompt.
- Both teams will one minute to act out their chosen card.
- Whichever team correctly guesses their prompt first, receives one point. Allow each child to have at least one turn acting out a clue.



Example Prompts:

- Jesus washes the feet of disciples
- Jesus heals a blind man
- Baptism of Jesus
- Annunciation of Mother Mary
- Moses and the Parting of the Red Sea
- Jesus Feeds the Five Thousand

DAY 3
Session 1

Ice Breaker

Message

- This activity allows the children to work collaboratively together
- and gain more insight into the many parables within the Bible and actions performed by Jesus to be drawn closer to Him.



Theme Presentation

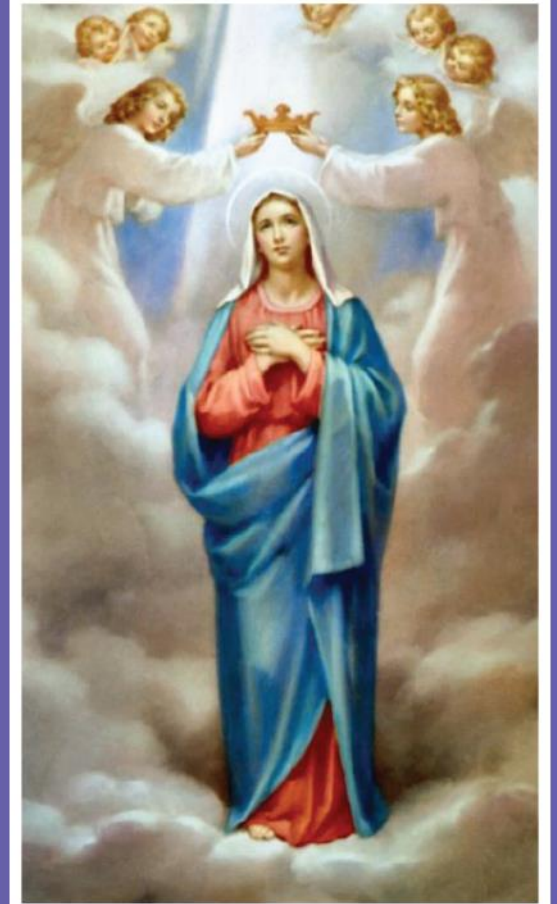


- Why is Mary important? The Solemnity of the Assumption of the Blessed Virgin Mary.

<https://youtu.be/7A-51u9ORro>

- Life of Mary - Mother of Jesus Christ - A Video Narrative of Child Mary to Mother Mary.

https://youtu.be/yy_0l5QwEs4



Theme Presentation

- Mother Mary is:
 - ✓ The true disciple
 - ✓ The Powerful intercessor,
 - ✓ A mother for all times.
- As we are Mother Mary's children we should embrace her values of humility, simplicity and charity in our own lives and in the way we treat others.
- In our Catholic Faith, devotion to the Blessed Virgin is called the Marian Devotion.
- We practice several traditions and events during the month of May to express the love we have for our Holy Mother.
- Mary is both intercessor for us and our example in discipleship.



DAY 3
Session 1

Action Song

- Mamma Mary Song.

https://www.youtube.com/watch?v=v0kcAWZ9qOA&ab_channel=LyricsbyNCCMC

- I'll Follow Jesus everyday. "Do Whatever He Tells You" - John 2:5

<https://youtu.be/Dx6RWOUF1M8>



BREAK

Session 2 - Overview

Item	Duration	Description or Details
Introduction	0:05	
Ice Breaker	0:10	
Theme Presentation	0:30	
Activity - Flower Crown for Mary		
Video		
Final Quiz		
Conclusion		



"Let us run to Mary, and, as her little children, cast ourselves into her arms with a perfect confidence"

- Saint Francis de Sales

DAY 3
Session 2

Activity 1

Flower Crown for Mary

How to Conduct:

- Design and make a crown of paper flowers to place on a statue of Mary or display to honor Mary .Print this activity sheet on heavy stock paper. Decorate the flowers and strips using any art materials you wish. Cut each shape out on the dotted line. Affix the strips together to create a band that is the desired length. Add the flowers with glue or tape around the band. For more flowers, simply print additional copies of the activity sheet. Embellish with ribbon, fresh flowers, sequins or other materials.

Supplies:

- Blindfold, Mother Mary Poster, Flower.

Materials Required:

- 30 small white plastic balls, a big box, a small box, timer, fishing mesh or strainer.

Instructions:

- Each student is provided with one flower.
- They are then required to recite 1 Hail Mary prayer. After reciting the prayer, the student is spun around, and teachers point them in the direction of the Mother Mary poster.
- The children are required to pin the flower on the crown of the Mother Mary poster.
- The child that gets their flower the closest to the crown wins.



DAY 3
Session 2

Activity 1

Message

- The word Rosary means garden of roses.
- Hence, through this activity, the children are reminded that reciting one Hail Mary prayer is symbolic of presenting a beautiful rose to Mother Mary; each complete Rosary presents Mother Mary with a crown of roses.
- In this way, the children are able to strengthen their relationship with Mary Mary and have a greater understanding of the symbols associated with Her.



- Mother Mary& Discipleship

https://youtu.be/yy_0l5QwEs4

- Life of Mother Mary

<https://youtu.be/aT1QHjDlov4>

- What Is Discipleship?

<https://youtu.be/R2s4KuhrSZY>

- Disciples

https://www.youtube.com/watch?v=R2s4KuhrSZY&ab_channel=KidsontheMove

https://www.youtube.com/watch?v=j1N6YNFhpp4&ab_channel=CrossroadsKids%27Club



DAY 3
Session 2

Discipleship Game

Blanket Race

Supplies:

- Blanket/Sheet

Instructions:

- A relay race in which team members carry a person on a blanket
- A race with Mother Mary to reach to God, following the true discipleship of Mother Mary, walking with the first disciple of God.

How to Play :

- Have the kids split to subgroups.
- Each team has a blanket.
- Each team will have five people carrying the blanket and one riding.
- Start at a line and race around a certain point and back
- Players must go down and back five times with a different person riding each time.
- Whichever team has finished first wins.



DAY 3
Session 2

Discipleship Game

Message

- God gave us Mother Mary; this game represent the race we are on with our Mother Mary to reach Jesus.
- We are following our obedient Mother Mary and also it represent Mother Mary always there to run with us not aimlessly but in self control.
- We are not alone our race is with our Mother Mary who showed us how to reach God.



DAY 3
Session 2

Final Quiz

- Consisting of questions relating to Mother Mary and Discipleship to tie in both Day 3 topics.



BREAK

Session 3 - Overview

Item	Duration	Description or Details
Introduction	0:05	
Ice Breaker	0:10	
Theme Presentation	0:30	
Game 1		
Game 2		
Finale Preparation		
Conclusion		

DAY 3
Session 3

Finale Preparation

Recounts/Conclusion

Resources needed:

- Prizes for winning team.

The Winning team may be given a prize:

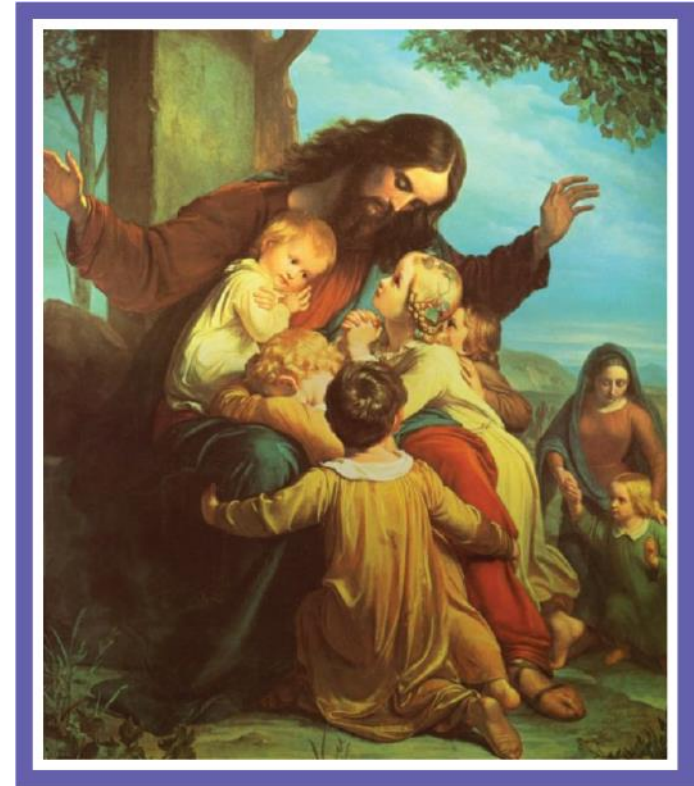
- Best 2 things/activities they liked from the day
- What do they like to do more in the next time?



DAY 3
Session 3

Ending Prayer

O Jesus, Divine Master, We thank and bless Your most merciful Heart for having given us Mary most holy as our Mother, Teacher and Queen.
Dear Mother, we love you. We thank you for your promise to help us in our need. We trust in your love.



DAY 3
Session 3

Extra Game

Sticky Balloons

- The message of this game is found in Luke 9:23: “And he said to all, “If anyone would come after me, let him deny himself and take up his cross daily and follow me.”
- What does this verse have to do with today’s topic?
- Why is it hard to allow God to lead us? What changes do we experience when we allow God to lead?
- After asking these questions, one can explain the idea behind this game, and give instructions



DAY 3
Session 3

Extra Game

Sticky Balloons

Resources needed:

- 20 balloons per groups of 3 or 4, permanent markers, masking tape.

Directions:

- Students should blow up their own balloons or have them blown up beforehand. On each balloon, write down ways to live like Jesus on each balloon.

How to play:

- First, break up into groups in 3 or 4s. Give a roll of masking tape to each group, work together to wrap one player in each group with masking tape (sticky side out) from the top of their knees to their arm pits. Once wrapped with masking tape, players begin putting on the balloons until all of them are sticking to their teammate.

Instructions:

- After the game, take time to explain.
- Our goal as followers of Jesus is to live like Jesus. The balloons can represent living like Jesus.



DAY 3
Session 3

Extra Game

Message

- The more we train to be like Jesus, the more we become like him in our actions and attitudes.
- The way we train to be like Jesus is to stay connected to Him in our daily lives.
- The more we experience God in our lives, the more we become like Him.
- When our friends look at us, they should see the attributes written on the balloons (patience, kindness, goodness, etc).
- The group that finishes first wins the game.





Ending Prayer Together with All Children

*O Jesus, Divine Master, We thank and bless Your most merciful Heart for having given us **Mary** most holy as our **Mother**, Teacher and Queen. Dear **Mother**, we love you. We **thank you** for your promise to help us in our need. We trust in your love .*

