





The wise men are ashamed, they are dismayed and taken: lo, they have rejected the word of the Lord; and what wisdom is in them?

Jeremiah

A Short Note on Prophet Jeremiah

Jeremiah, also called Jeremias or the "weeping prophet", was one of the major prophets of the Hebrew Bible. Jeremiah was the son of Hilkiah, a priest from the land of Benjamin in the village of Anathoth. The difficulties he encountered, as described in the books of Jeremiah and Lamentations, have prompted scholars to refer to him as "the weeping prophet.

Jeremiah was called to prophecy c. 626 BC by God to proclaim Jerusalem's coming destruction by invaders from the north. This was because Israel had forsaken God by worshiping the idols of Baal and burning their children as offerings to Baal. The nation had deviated so far from God's laws that they had broken the covenant, causing God to withdraw his blessings. Jeremiah was guided by God to proclaim that the nation of Judah would suffer famine, foreign conquest, plunder, and captivity in a land of strangers.

Jeremiah was active as a prophet from the thirteenth year of Josiah, king of Judah (626 BC) This period spanned the reigns of five kings of Judah: Josiah, Jehoahaz, Jehoiakim, Jehoiachin, and Zedekiah. In his early years of being a prophet, Jeremiah was primarily a preaching prophet, preaching throughout Israel. He condemned idolatry, the greed of priests, and false prophets. Many years later, God instructed Jeremiah to write down these early oracles and his other messages

According to Jewish tradition, Jeremiah authored the Book of Jeremiah, the Books of Kings, and the Book of Lamentations, with the assistance and under the editorship of Baruch ben Neriah, his scribe and disciple.

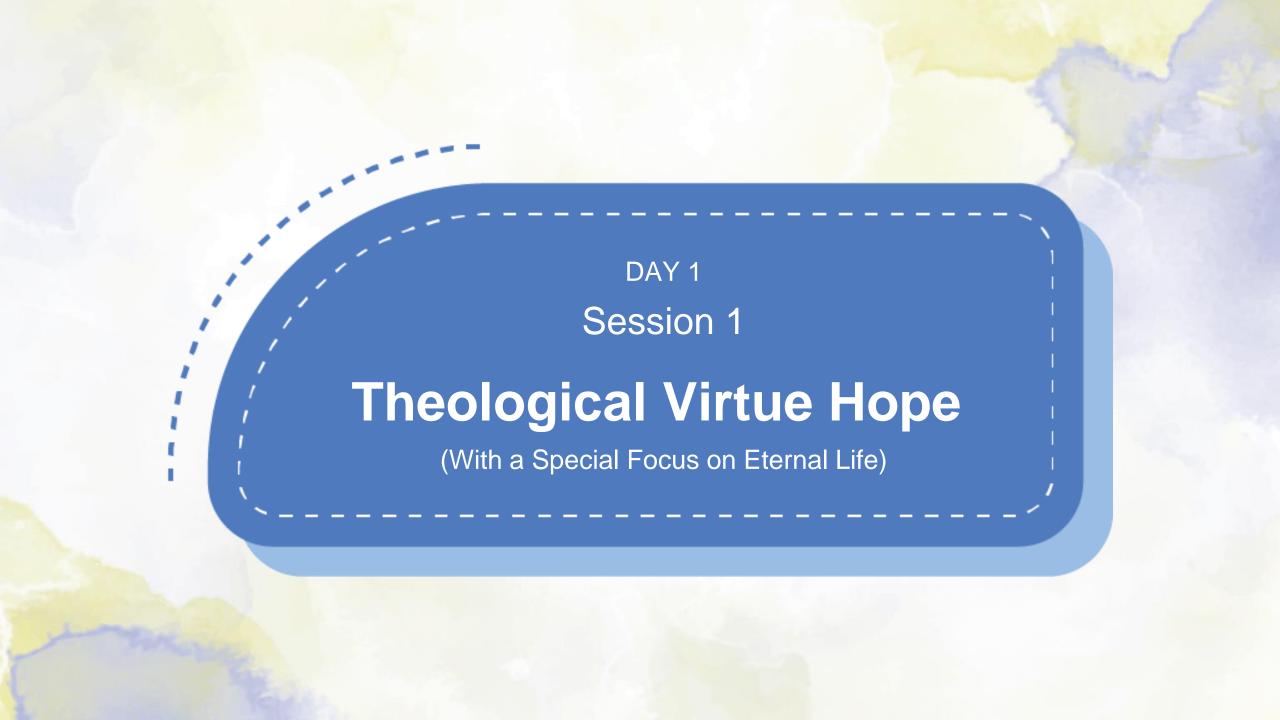
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HOPE



Item	Duration	Start Time	End Time
Holy Mass & Inauguration	1:30		
Tea Break			
Session 1 - Introduction - Ice Breaker - Theme Presentation - Game 1 - Conclusion	1:30		
Lunch Break			
Session 2 - Activity - Introduction - Ice Breaker - Theme Presentation - Game 1 - Conclusion	1:30		
Tea Break			
Session 3 - Introduction - Theme Presentation - Game 1 - Game 2 - Conclusion	1:30		
Finale Practise			



Session 1 - Overview

Item	Duration	Description or Details
Introduction	0:05	
Ice Breaker	0:10	
Theme Presentation	0:30	
Game 1	0:10	
Game 2	0:10	
Conclusion	0:10	



Intention of this game:

• This game is intended as an ice breaker game. Through interaction the kids will get to know each other, and they will also be introducing the days topic is Hope.

How to play the game:

• In this game students are formed into groups of 10 or more. Students are told that few letters are hidden in the classroom. One student from each group goes for hunting and need to bring a letter. The rest of the students stay in the group and form the three theological virtues using the letters they find. Teachers can add more alphabets to make the game trickier.

Materials Required:

3 sets of the letters that can form the words Faith, Hope and Love.

Rules:

- Only one student gets to go hunting for the letters
- Students should not waste time wandering if they can't find alphabets, give chance to the next person in turn
- The first group to form the three words win the game.

Theological Virtue Hope

(With a Special Focus on Eternal Life)



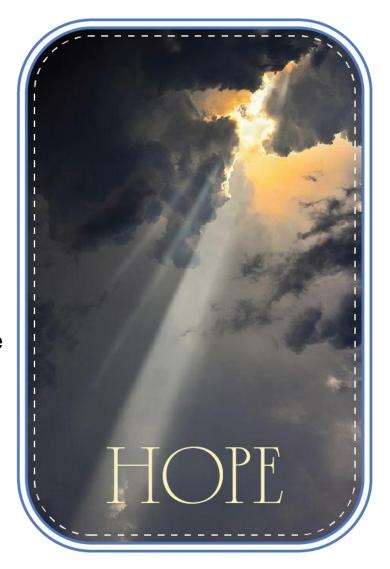
"For I know the plans I have for you," declares the LORD, "Plans to prosper you and not to harm you, plans to give you HOPE and a FUTURE."

Jeremiah 29:11



Hope

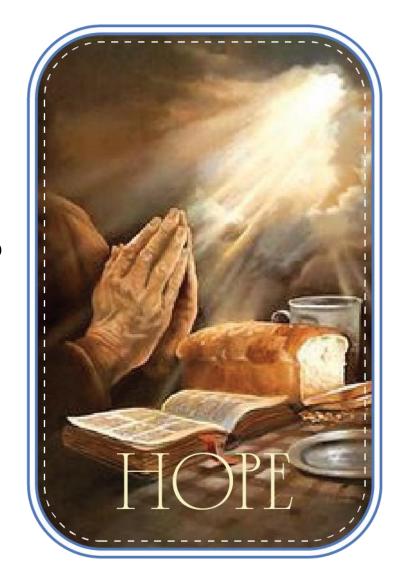
- Hope is the theological virtue by which we desire the kingdom of heaven and eternal life as our happiness, placing our trust in Christ's promises and relying not on our own strength, but on the help of the grace of the Holy Spirit.
- The virtue of hope responds to the aspiration to happiness which God has placed in the heart of every man; it takes up the hopes that inspire men's activities and purifies them so as to order them to the Kingdom of heaven; it keeps man from discouragement; it sustains him during times of abandonment; it opens up his heart in expectation of eternal beatitude. Buoyed up by hope, he is preserved from selfishness and led to the happiness that flows from charity.





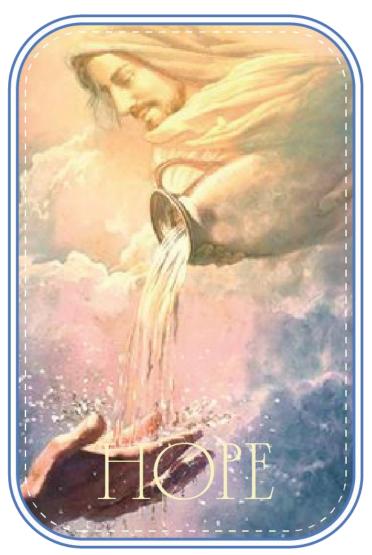
Hope

- Christian hope takes up and fulfills the hope of the chosen people, which has its origin and model in the hope of Abraham, who was blessed abundantly by the promises of God fulfilled in Isaac, and who was purified by the test of the sacrifice. "Hoping against hope, he believed, and thus became the father of many nations."
- Christian hope unfolds from the beginning of Jesus' preaching in the
 proclamation of the beatitudes; they trace the path that leads through
 the trials that await the disciples of Jesus. Hope is expressed and
 nourished in prayer, especially in the Our Father, the summary of
 everything that hope leads us to desire.





 We can therefore hope in the glory of heaven promised by God to those who love him and do his will. In every circumstance, each one of us should hope, with the grace of God, to persevere "to the end" and to obtain the joy of heaven, as God's eternal reward for the good works accomplished with the grace of Christ. In hope, the Church prays for "all men to be saved."



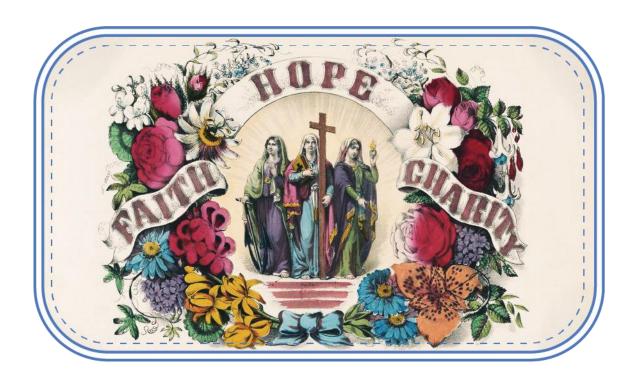


Divine Mysteries

The Three Theological Virtues: Faith, Hope, and Charity

Visit:

http://www.legionofmarytidewater.com/news/news07/april/divinemysteries.htm



Video An Object Lesson on Hope

https://www.youtube.com/watch?v=uJH0vj7ZhZ4

When we talk about our Hope in the Lord, it's not like vague wish that things will turn out. It is a sure expectation that we have in our unchanging, faithful God.





https://www.youtube.com/watch?v=4WYNBjJSYvE

In this video, we'll explore how biblical hope looks to God's character alone as a basis for trusting that the future will be better than the present.





Game 1 Skit

Intention of the activity:

• To learn from our forefathers how they trusted God and remained faithful and hopeful. We must follow the same and trust in our Lord completely and wait patiently and hope to live our eternal life with God... With God, impossible things become possible. Things will turn out better than you expected.

Preparations for the activity:

- Print the Hope Stories from bible- Attached below or they can use their own Bible stories (Abraham, Joshua, Moses etc...)
- Divide into small groups. Each group will be given a biblical story based on "HOPE". Each group as a team will present a 3–5-minute skit showcasing the lesson on HOPE from the given story.

Materials Required:

Play cards of the Stories for discussion on Hope.

Rules / How to Conduct:

- A teacher will be in charge of the group guiding them through the activity.
- Each group is given 10 min preparation time and 3-5 mins to present.

Reference:

Short stories attached



Game 1 Stories for Discission on Hope

Hope of Esther



Esther was so afraid of being banished or killed by the king for going before him without him calling on her. Those few seconds of waiting for the king to decide her fate must have been excruciating.

When believing gets hard, we need our friends to join us in prayer. It takes a certain level of humility to ask for the prayers of others. You have to have such a deep concern and desire to move God to act that you don't care who knows about it.

Game 1 Stories for Discission on Hope

The Hope of the Woman Who Touched Jesus's Shawl



Now, in the crowd that day was a woman who had suffered horribly from continual bleeding for twelve years. [26] She had endured a great deal under the care of various doctors, yet in spite of spending all she had on their treatments, she was not getting better, but worse.

[27] When she heard about Jesus' healing power, she pushed through the crowd and came up from behind him and touched his prayer shawl. [28] For she kept saying to herself, "If only I could touch his clothes, I know I will be healed.".

Game 1 Stories for Discission on Hope

The Hope of the Blind Men



The crowd tried to hush them up, but they got all the louder, crying, "Master, have mercy on us! Mercy, Son of David!"
[32] Jesus stopped and called over, "What do you want from me?"

[33] They said, "Master, we want our eyes opened. We want to see!" [34] Deeply moved, Jesus touched their eyes. They had their sight back that very instant and joined the procession.

Game 1 Stories for Discission on Hope

The Hope of the Early Christians



These Christians were persecuted by the hundreds at the hands of blood-thirsty Romans. Yet they died singing praises to Jesus, their hope steadfast in a love greater than the hatred that was stealing their lives.



Session 2 - Overview

Item	Duration	Description or Details
Introduction	0:05	
Ice Breaker	0:10	
Theme Presentation	0:30	
Game 1	0:10	
Game 2	0:10	
Conclusion	0:10	



Intention of the activity:

 Through this game the students read and understands the passage and they also understand what heavenly treasures are according to the bible.

Crossword:

- Teacher displays on the board the passage Mathew 6:19-21
- Students in groups work on the puzzle.

Materials Required:

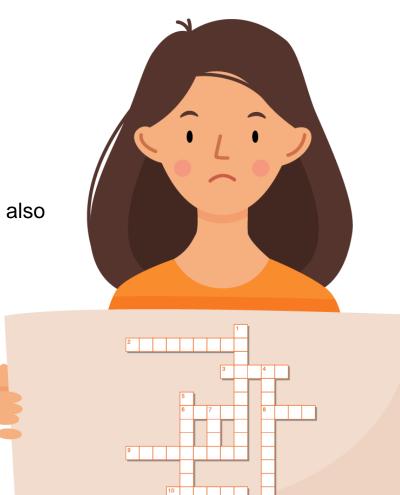
A sheet of the crossword attached

Reference:

https://www.kidssundayschool.com/gradeschool/puzzles/heavenly-treasures

Rules:

First group to get all correct wins the game

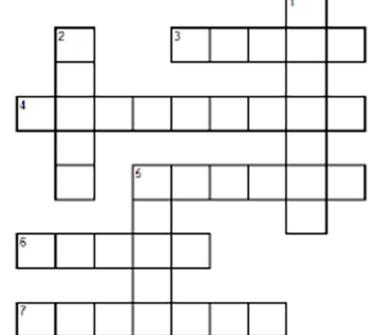


DAY 1 Session 2 Activity 1 Crossword

Heavenly Treasures











All of the answers to this crossword puzzle about where your treasures should be can be found in Matthew 6:19-21 NIV.

Across

- 3. What are like butterfiles, but ugly and destructive? (verse 19 and 20)
- 4. 4 What should you store in Heaven? (verse 20)
- 5. Your treasures should be where? (verse 20)
- 6. What do thieves and robbers do? (verse 19)
- 7. What do moths and vermin do? (verse 19)

Down

- People who take things not belonging to them are called what? (verse 19)
- 2. On what should you not store your treasures? (verse 19)
- 5. Where your treasure is, so will your what be? (verse 21)



Hope in the Context of Doing

- Hope is a motivational factor that helps initiate and sustain action toward long-term goals, including the flexible management of obstacles that get in the way of goal attainment.
- Hope helps us remain committed to our goals and motivated to take action towards achieving. Hope gives people a reason to continue fighting and believing that their current circumstances will improve, despite the unpredictable nature of human existence.



Hope in the Context of Doing

- According to Snyder's Hope Theory (Snyder et al., 1991), hopefulness is a life-sustaining human strength comprised of three distinct but related components:
 - 1. Goals Thinking the clear conceptualization of valuable goals.
 - 2. Pathways Thinking the capacity to develop specific strategies to reach those goals.
 - 3. Agency Thinking the ability to initiate and sustain the motivation for using those strategies.
- Hope does not necessarily fade in the face of adversity; in fact, hope
 often endures despite poverty, war and famine. While no one is
 exempt from experiencing challenging life events, hope fosters an
 orientation to life that allows a grounded and optimistic outlook even
 in the most challenging of circumstances.



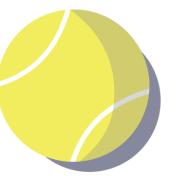
Video Hope in the Context of Doing

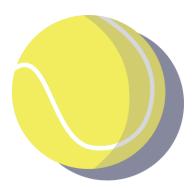
https://www.youtube.com/watch?v=4WYNBjJSYvE&t=5s











Preparations for the activity:

- Explain to the children that they will work together with their team to spell "believe" as they try to toss their tennis ball without any drops. Divide the children into groups of 6-9 (uneven teams are okay, and smaller groups will still work). Then help the children in each team stand far enough apart to reach the finish line but close enough to toss the ball to one another. Each team needs room to attempt seven successful catches. If there are fewer than seven children on a team, the child who successfully tosses the ball will then run past the other players to reposition him/herself and get closer to the finish line. Lastly, when a player catches the ball, he or she will say the next letter to spell S-A-L-V-A-T-I-O-N If the ball is dropped, the team must start over from the beginning. The first team to toss the ball NINE times without any drops and cross the finish line is the winning team.
- Begin the game by tossing a tennis ball to the first player of each team. Consider playing a practice round so the children will better understand the game. Play as many rounds as time allows.

Materials Required:

Tennis balls, Recreation cones.

Preparation::

• Determine the playing area by setting up recreation cones at the starting line and finish line.



Game 1 Salvation

Conclusion:

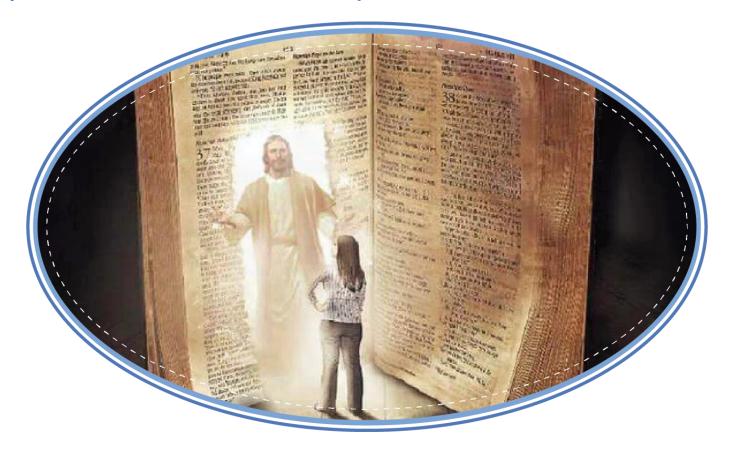
Did you know that many times we must work together as believers to help others know Jesus? God calls each of us to have a part in sharing the saving message of Jesus' death and resurrection so those who don't know Him can also have the opportunity to believe. Some of us are good at praying for others, others find it easy to talk about God, and still others like to teach Bible stories. God wants to use whatever abilities we have to be part of a bigger family of believers who work together to share the gospel.



Video

Hope in the Context of Doing

https://www.youtube.com/watch?v=uJH0vj7ZhZ4&feature=share



Video Hope in the Context of Doing

https://youtu.be/4WYNBjJSYvE



BREAK



Session 3 - Overview

Item	Duration	Description or Details
Introduction	0:05	
Ice Breaker	0:10	
Theme Presentation	0:30	
Game 1	0:10	
Game 2	0:10	
Conclusion	0:10	

"The one who has hope lives differently!" Pope Benedict XVI

- Hope is a theological virtue received at baptism to sustain us as we journey through life to God. The virtue of hope helps prevent us from despairing of our salvation or of thinking God will not forgive us. Hope reminds us of our dependence on God and that we cannot save ourselves. It encourages us to live an ongoing conversion, relying on grace.
- In the life of a follower of Jesus, hope points us to the end goal: an eternal life of joy, being in the loving presence of God. When we have an end goal, we take the steps necessary to get there. For disciples of Christ, the steps necessary to reach heaven include being open to God's grace, praying for the theological virtues and gifts of the Holy Spirit and persevering in a virtuous life.





"The one who has hope lives differently!" Pope Benedict XVI

- As Benedict XVI wrote in Saved in Hope: "The one who has hope lives differently; the one who has hope has been granted the gift of a new life." (Spe Salvi, 2)
- Christian hope is a supernatural hope that sets us apart from this world. We have a different perspective than the "world" because we have put on the mind of Christ. (1 Corinthians 2:16)
- As John Paul II said, "Apart from the mercy of God, there is no other source of hope for mankind." (Homily, Aug. 17, 2002)
- Let us embrace hope in God and place our trust in Him.



Video

Never lose Hope | A Short Story

https://www.youtube.com/watch?v=CAdu-84Q5Nk



Video

Don't Lose Hope | Life Lesson From Flower

https://www.youtube.com/watch?v=CAdu-84Q5Nk







Intention of the game:

 Through this game the student is expected to trust God's plans for him and realise the the moments of hope in their lives.

Materials Required:

10-20 Index cards, Marker, Tape

Duration:

Approximately 10 minutes.

Preparation:

Write the word "HOPE" on each index card. Then hide the cards throughout the room (taping them in place if necessary).

What You Will Do:

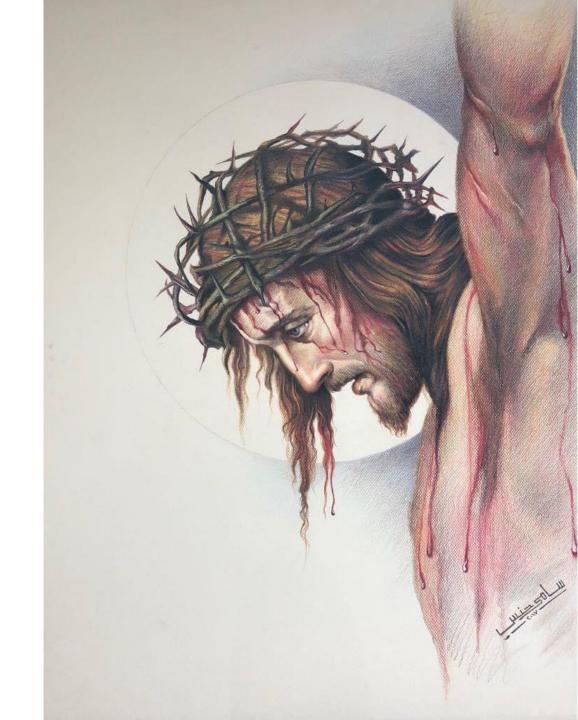
Challenge the class to search for the words. If desired, when a child finds a card, ask him or her to tell you about something that gives them hope (such as God's love, kindness, a good friend, etc.).



Game 1 Finding Hope

Conclusion:

Sometimes hope can be hard to find! It takes perseverance to have hope when we face tough circumstances, but there is always hope because Jesus Christ died to save us from our sins. When we trust God's promises and remember His great love for us in sending Jesus to die on the cross, we have the greatest hope the world has ever known.



Video

Don't Lose Hope | Flower Animation Story

https://www.youtube.com/watch?v=AlljW1TgL_4







Intention of the game:

Through this game the students realise that the little activities that they do such as attending the holy
qurbana every sunday, receiving holy communion, having family prayers, family meals, leading a
honest life, being kind to others will help them attain eternal salvation.

Materials Required:

A bucket of water, a big sponge for each team and a container to squeeze the sponge into.

Duration:

Approximately 20 minutes.

Preparation:

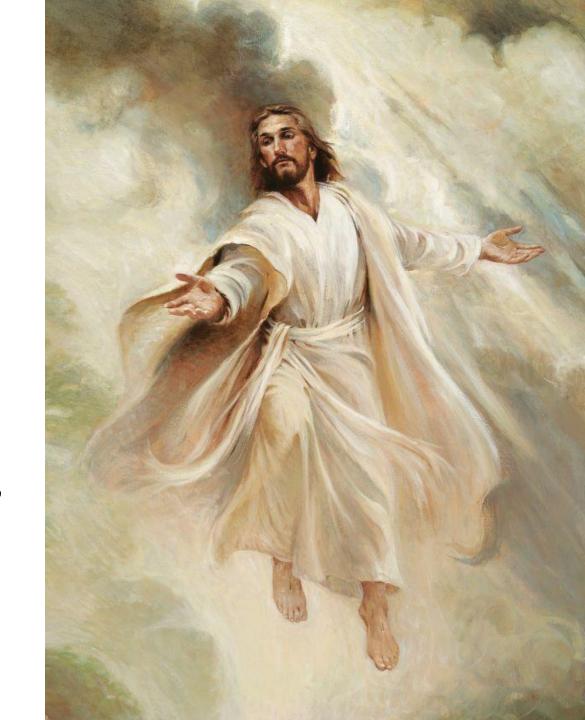
Each player gets their sponge wet and then runs to the the other side and squeezes their sponge into the container. This continues until one team fills their container or you run out of water. The winning team is the team who has the most water in their container.



Game 2 Fill the Bucket

Conclusion:

The activity of collecting water, saving water and taking water without spilling all represent the different activities we do regularly for a better life. Attending the Holy Qurbana every sunday, receiving holy communion, having family prayers, family meals, leading an honest life, being kind to others. By living a good life as per the teachings of the church we hope that we will attain salvation.



Slogan

J- E - R - E M- I - A -H

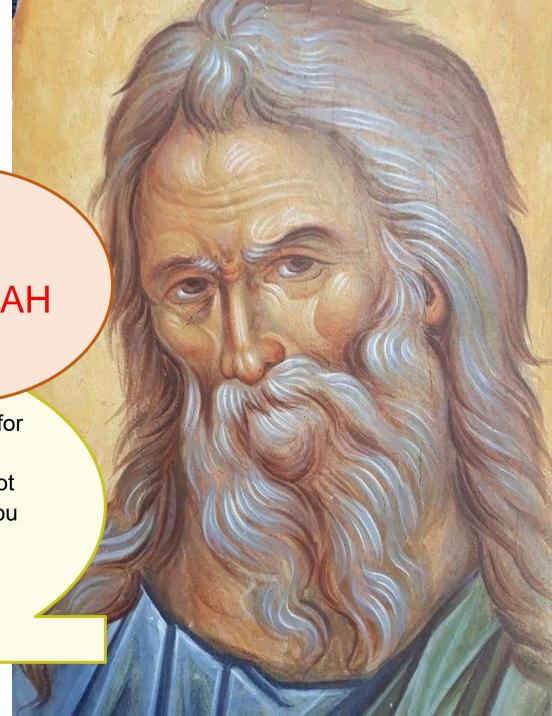
What does that spell????

JEREMIAH

Faith is being sure of what we hope for, and certain of what we do not see.

"For I know the plans I have for you," declares the LORD, "plans to prosper you and not to harm you, plans to give you hope and a future."

Jeremiah 29:11





Summary & Conclusion

Hope is perhaps the most optimistic "element" because it allows us to raise our heads after falling and see the light again. Imagine you are walking and looking at a light post in the distance with a shining bright light. Then, you trip on a rock and fall. From a theological perspective, falling refers to sinning. Having hope that we can overcome this sin through Jesus Christ is so important because the light we were looking at before is worth looking at again, rather than looking at the cold ground all night. Hope is not meant to be a core building material. It is meant to be used with the other elements to help us in our daily life, walking with Christ. It is meant to help us come back to Christ alongside the other elements when we fall. But all the other elements lead us to the core element. The most sturdy and powerful, which hope pushes us to see: Love.



HOLY SPIRIT



Item	Duration	Start Time	End Time
Holy Mass	1:30		
Tea Break			
Session 1 - Introduction - Ice Breaker - Theme Presentation - Game 1 - Conclusion	1:30		
Lunch Break			
Session 2 - Ice Breaker - Game 1	1:30		
Tea Break			
Session 3 - Activity - Stalls / Presentations	1:30		
Finale Practise			

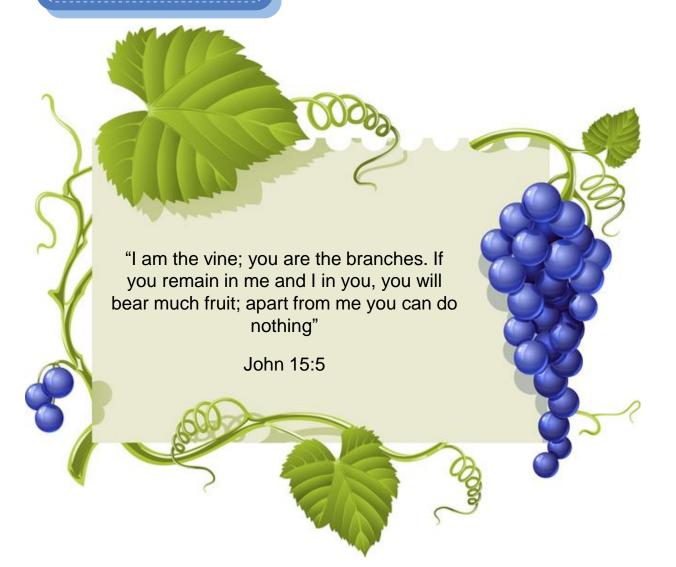


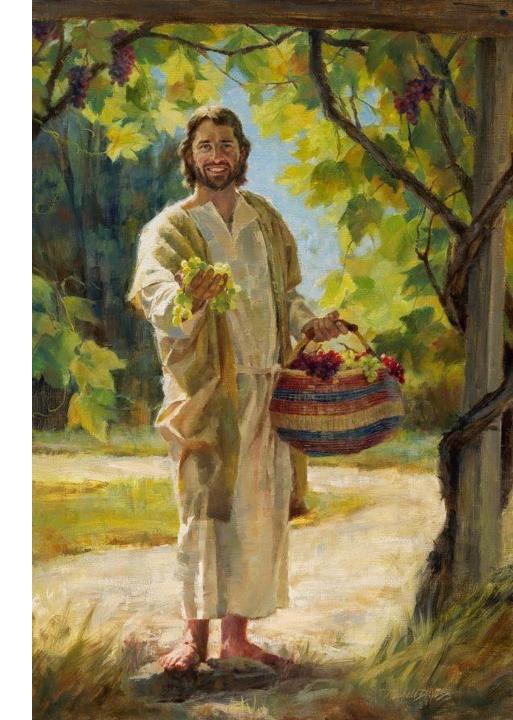
Session 1 - Overview

Item	Duration	Description or Details
Introduction	0:05	
Ice Breaker	0:10	
Theme Presentation	0:30	
Game 1	0:10	
Game 2	0:10	
Conclusion	0:10	

Fruits of the Holy Spirit

with a special focus on Jesus and word of God





Fruits of the Holy Spirit

with a special focus on Jesus and word of God

- These nine attributes love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self-control – are fruits of the Spirit.
- They are produced by the Holy Spirit who lives inside those who believe in Jesus. Following and yielding to the Holy Spirit leads to good fruit in our lives that please God.
- Fruit is evidence of being connected to Christ, just as branches of a tree or a grapevine have to be connected to the trunk in order to bear grapes or apples.
- Remember that you belong to Christ. Ask the Spirit to remind you that you are a child of God. Our approval and welcome from the Father do not come from our performance, character, or actions; but on His! We are free, then, to acknowledge where our desires have led us away from the Spirit, where we have confused our gifts and talents with true growth.





Intention of this game:

This activity intends to familiarise the kids the fruits of the Holy Spirit.

Preparation:

- Set up chairs in a circle, facing the center. Set up as many chairs as there are players minus 1. For example, for 10 players, you will need 9 chairs. Alternatively, you can use anything that can mark the positions of each seat (examples: labels, masking tapes, shoes, books).
- For younger children, you may like to write the attributes of the fruit of the Spirit on sticker labels or masking tape. One attribute per label.
- Fruit of the Spirit: Love, Joy, Peace, Patience, Kindness, Goodness, Faithfulness, Gentleness, Self-control

Reference:

https://biblegamescentral.com/fruit-of-the-spirit-blow-wind-blow



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How to Play:

- Write the 9 attributes of the fruit of the Spirit on a dry erase board. Assign each player one attribute of the fruit of the Spirit.
 - There must be 2 or more players assigned to each attribute.
 - For smaller groups, assign each player 2 or 3 attributes.
- For younger children, stick the prepared labels on the players' shirts.
- Ask one player to stand in the center of the circle and have everyone else sit on the chairs.
 There should be just enough chairs for everyone except for the player in the center.
- To start the game, the player in the center shouts, "Blow wind blow!"
- The other players respond by shouting, "Blow what?"
- The player in the center replies, "Blow all the _____." (one attribute of the fruit of the Spirit)
- All the players who have been assigned that attribute must quickly get up and move to a seat vacated by another player; the player in the center tries to get a seat. One player will be left without a seat. This player must now stand in the center of the circle and shout, "Blow wind blow!"...
- You can end the game anytime, or when you feel that everyone has a pretty good idea of the fruit of the Spirit.

Ice breaker:

Blow Wind Blow

Discussion:

Bible Lesson – Fruit of the Spirit

Discuss

- 1. Did you enjoy the game?
- 2. Was it easy for you to remember what attribute you were?
- 3. Was it easy for you to remember all the other attributes?

Say

The Bible talks about these nine attributes as the fruit of the Spirit.

Read

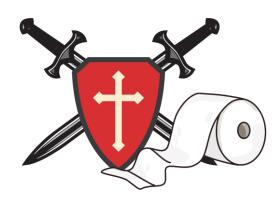
Galatians 5:22-23

Discuss

- 4. What are the nine attributes of the fruit of the Spirit?
- 5. How can we get the fruit of the Spirit?
- 6. Can you give examples of each attribute? For example, how do you show love?
- 7. Out of these nine attributes, which is the most difficult for you?







Intention of the game:

• In this game, children have fun removing sin from their side of the battlefield and filling it with the fruits of the Holy Spirit with the help of the word. They also learn to battle SIN and Gain fruits of the holy spirit with the word.

Materials Required:

 Paper Towel Rolls or long soft equipment for Swords, Colored Markers, Duct Tape, Masking Tape, Small Balls (Styrofoam or ping pong) or balloons labelled with sins (stealing, cussing, being a bully, disobeying parents, etc) and fruits of the Holy Spirit.

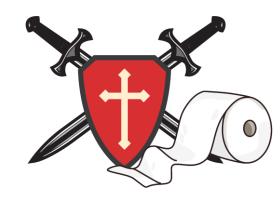
Duration:

Approximately 30 minutes.

Preparation:

Use duct tape to secure two paper towel rolls together (end to end) to make a "sword." Or you can use empty
wrapping paper rolls by themselves. You need one "sword" for each child. Use masking tape to make a line
down the middle of the room. This line will separate the floor into two battlefields, one for each team. Also,
use masking tape to mark off a home base corner for each team clearly labelling sin corner and fruits corner.





What You Will Do:

Form two teams. Give each child a "sword" made out of the paper towel rolls. Allow several minutes for the
kids to decorate their swords using the colored markers. Next, explain how the Bible is our sword. As they do,
throw the small balls or labelled balloons onto the floor, making sure the balls are on both sides of the
battlefield.

Rules of the game:

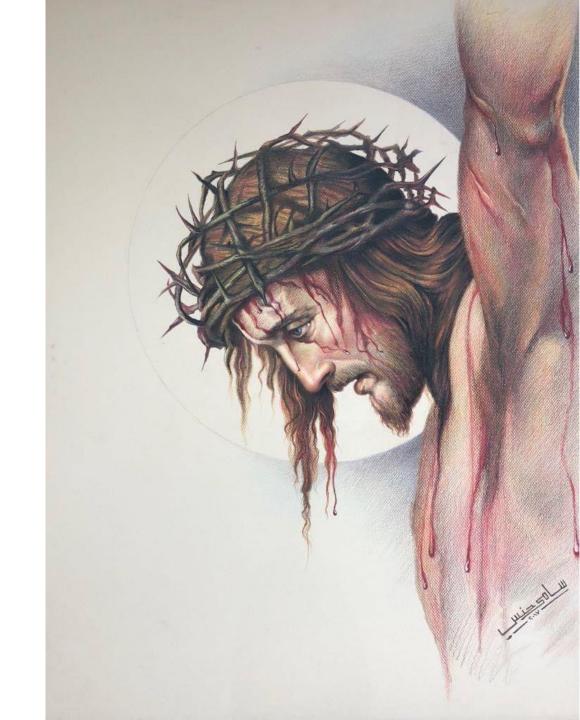
• The object is to move any "sin balls or balloons " from your side of the battlefield to the Sin Box and fruits to the Fruits box. You must stand at home base in the "READY" position until you hear the word, "GO!" You must stay on your side of the battlefield and not cross the centerline. You must use only your sword to move the sin balls to the sin corner and fruits to the fruits corner. You must stop when the leader calls out, "STOP!" You must use your sword wisely or it may break in half. After saying, "GO," give the children a few minutes then yell "STOP!" Count the number of "sin balls" and fruits balls on each side and pronounce the winning team of that round. Then have everyone return to the "READY" position and play another round.

Game 1 Battlefield

Conclusion:

In this game, the sword represents the Bible. It is not easy to live a holy life filled with the fruits of the Holy Spirit. This game shows us how sin attacks when we try to live a holy life. Sin is always around us. We are faced with temptation every day. They never seem to go away. We can combat these evil things when we use our swords wisely and gain the fruits of the holy spirit. But what good is a dull sword? We must keep our swords sharp to be ready for battle.

How do we keep our swords sharp? (To keep our swords sharp we need to read our Bible and let the Word of God become part of our lives.)



BREAK



Session 2 - Overview

Item	Duration	Description or Details
Introduction	0:05	
Ice Breaker	0:10	
Theme Presentation	0:30	
Game 1	0:10	
Game 2	0:10	
Conclusion	0:10	

Ice breaker:

Balloon Centipede Game

Intention of this game:

• Through this game the students understand that the Holy Spirit they have received should be with them to maintain their relationship with the Church and to lead a community life.

Rules:

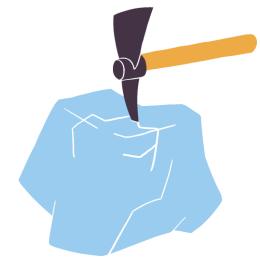
- Divide your family into two teams. Each person gets a balloon in between them and the person in front of them and behind them. Set up a designated finish line (using pylons)
- The first team to get to the finish line without dropping any balloons wins. If a balloon is dropped, they must start over from the beginning.
- If the kids think it is fun, you can do this more than once

Discussion

- Students are asked questions like
- How do you realise the presence of Holy Spirit in a person?
- How do you define gifts of the Holy Spirit ?
- What are the different fruits of the Holy Spirit? How are they different from gifts?

Reference:

https://www.youtube.com/watch?v=ZK5eWwqK7yg





Game 2 Lava Walk

Intention of the game:

• This activity is for students to understand the importance of community living and how our forefathers held on to Syro Malabar cultural values and traditions and passed it to us inspite of all the struggles.

How to do the Activity:

- Either a tyre, milk crate, carpet square or rubber baseball base per person you can also substitute for 8.5" x 11" pieces of paper.
 - O To mark off the activity area use 2 pieces of rope (or 4 cones)
 - Blindfolds (optional).

Space Required:

Medium. Indoors or outdoors.

Group Size:

• 8 to 12 ideally but can be done with 6 to 14 participants. For larger groups split them into teams and get them to race against each other.

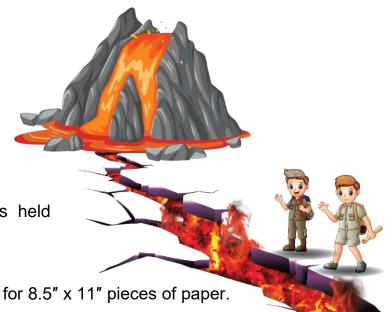
Total Time: 25 Min

Preparation:

Team has to cross the river of lava, the only way to survive is cross the river to safety. To complete the challenge participants will be given
different platforms to use. If anyone steps on the lava they have to restart the challenge.

Reference:

• https://www.youtube.com/watch?v=3SYhh0fwPJk&list=TLPQMjYxMDIwMjJa-KqENbbzlg&index=3





Session 3 - Overview

Item	Duration	Description or Details
Introduction	0:05	
Ice Breaker	0:10	
Theme Presentation	0:30	
Activity -Stalls / Presentations	0:10	
Game 1	0:10	
Conclusion	0:10	



Activity Stalls / Presentations

Intention of the game:

• When the students pass through each stall, they get an idea of how the Syro Malabar rite and culture is still followed by the Syrian catholics..

Preparations:

Group of students are picked for each item and they should prepare charts that explains
each item they display. Parents can also help prepare the authentic food items prepared by
the nasranis.

Stalls can be of the following:

A. Pesha appam and sweet coconut milk:

Make the above and explain what the importance of the above things are.

B. Saints, Blesseds, Venerables and Servants of God Saints

- Alphonsa of the Immaculate Conception religious sister of FCC congregation
- Kuriakose Elias Chavara priest and one of the founding members of CMI
- <u>Euphrasia Eluvathingal</u> religious sister of <u>CMC</u> congregation
- Mariam Thresia Chiramel religious sister and founder of Holy Family congregation.



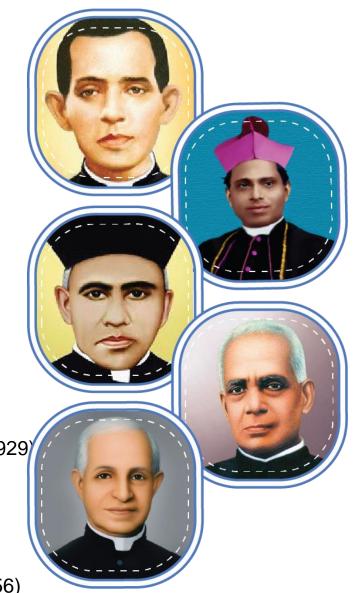
Activity Stalls / Presentations

C. Pesha appam and sweet coconut milk:

- O Ramsha (حقة (or the Evening Liturgy (6 pm)
- Or the Supper Liturgy (9 pm) همخته (or the Supper Liturgy (9 pm)
- or the Night Liturgy (12 am) المتاء (or the Night Liturgy (12 am)
- O Qala d-Shahra (مَك مَع (or the Vigil Liturgy (3 am)
- O Sapra (حقي (or the Morning Liturgy (6 am)
- O Quta'a (محيلت (or the Third Hour Liturgy (9 am)
- or the Noon Liturgy (12 pm).

D. Venerables

- Payyappilly Varghese Kathanar priest and founder of Sisters of the Destitute (1876–1929)
- Thomas Kurialachery first bishop of Archeparchy of Changanassery (1872–1925)
- Kadalikkattil Mathai Kathanar priest (1872–1935)
- Joseph Vithayathil priest and co-founder of Holy Family congregation (1865–1964)
- Augustine John Ukken priest and Congregation of Sisters of Charity (CSC) (1880–1956)



Activity Stalls / Presentations

E. Beatified people:

- O <u>Augustine Thevarparambil (Kunjachan)</u> priest
- O Rani Maria (1954–1995) religious sister of FCC congregation

F. Liturgical calendar

- Suvara (Annunciation)
- O Denha (Epiphany)
- O Sawma Rabba (Great Lent)
- Qyamta (Resurrection of the Lord)
- O Slīhe (Season of Apostles)
- O Qaita (Summer)
- O <u>Elijah</u>-Cross-<u>Moses</u> (Elijah-Sliba-Muse)
- Dedication of the Church (Qudas-Edta)

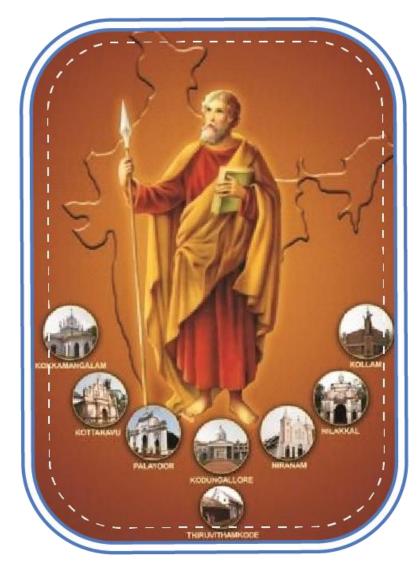
Print out them out and chart paper with photos and dates and explain to children

F. St Thomas Journey in Kerala, the 7 churches finally his death and tomb at Chennai

Draw a map with miniature churches made with their names - a model and explain the S
 Thomas journey







Activity Stalls / Presentations

G. Crosses:

 The different crosses and its meaning with models and explain the meaning

H. Important Cusines of St Thomas Christians

- Pidiyum Kozhiyum is blessed and served as a part of a religious ceremony, 'Panthrandu Sleehanmaarude Nercha' or the ' to <u>Twelve Apostles</u>', a traditional ceremony related to Syrian Jacobite Christians and Syro Malabar Christians
- Kozalappam, achappam, Avalosunda, and Churutt.

F. Pindikuthi Perunal

 Decorated pindi and explain the imporatnce of the pindikuthiperunal

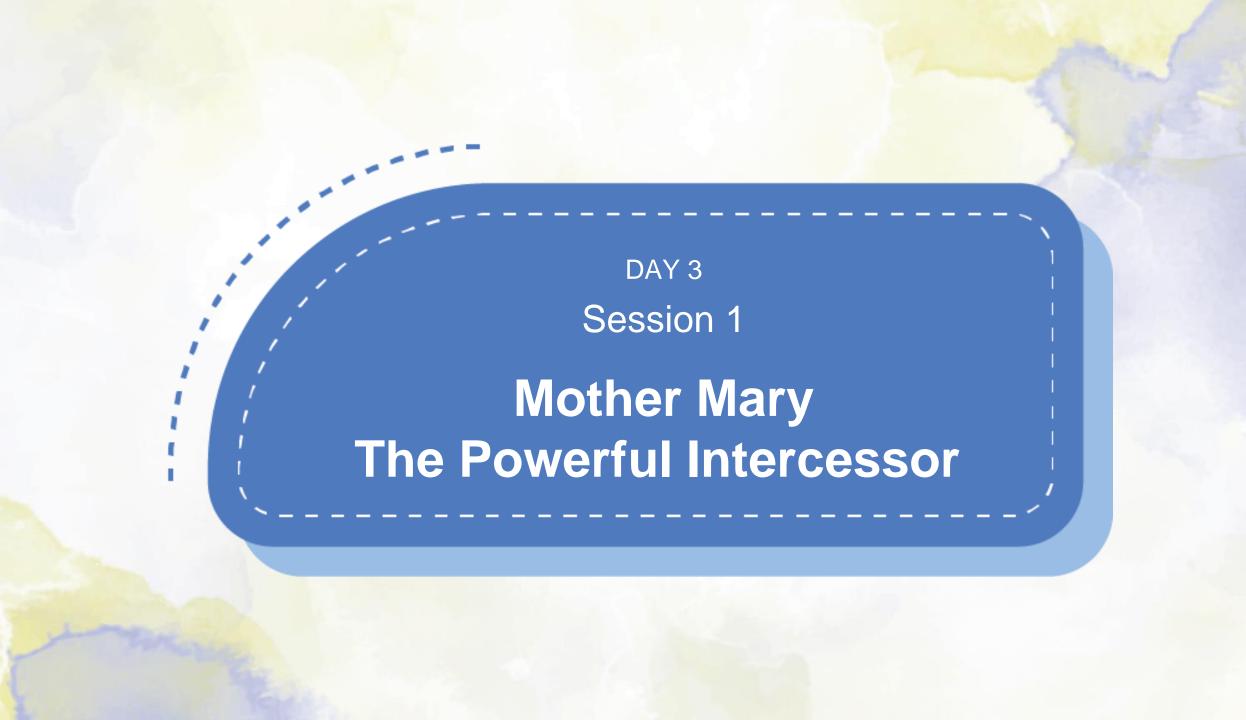


GG-U-DAY

MOTHER MARY



Item	Duration	Start Time	End Time
Holy Mass	1:30		
Tea Break			
Session 1 - Introduction - Activity 1	1:30		
Lunch Break			
Session 2 - Activity 2	1:30		
Tea Break			
Session 3 - Finale	1:30		
Finale Practise			



Session 1 - Overview

Item	Duration	Description or Details
Introduction	0:05	
Ice Breaker	0:10	
Theme Presentation	0:30	
Activity 1	0:10	
Game 2	0:10	
Conclusion	0:10	

Introduction

- Children learn to recite Hail Mary in Syriac.
- Teacher explains that power of Mary's intercession is proclaimed by the faithful each time they recite the Hail Mary.
- Discussion Question:
 - Why do Catholics pray to Mary and the saints in heaven? Do we think they are gods? Does this mean that we worship them?
 - Yes, Catholics do ask Mary and the other saints to pray for us; to be intercessors for us. We ask the saints by their powerful intercession to obtain for us God's favors and graces. Together with them, we appeal to God. We love Mary as our mother. We love the saints as our elder brothers and sisters in the faith. When we love someone, we want to talk to them and when we speak to Mary or the saints, that is one aspect of prayer.



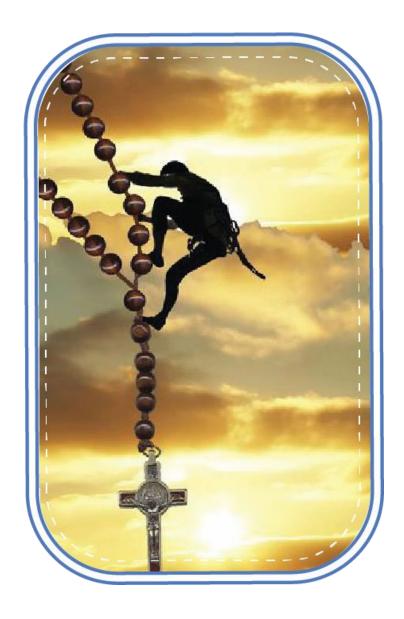
DAY 3 Session 1 Activity 1 Rosary Roses

Rosary Activity:

- Teach the kids to make a flower with a tissue paper. Rather than using a physical rosary, children build their own rosary on a paper board.
- Place a picture of Mother Mary on the table and and an outline of Rosary.
- The teacher first keep the Cross as she says Our Father.
- As the kids continue with the rosary, each child place their flower on the outline while they say, 'Hail Mary' and a small intercessory prayer till they finish the rosary.
- In between, the teacher says the Our Father and place the flower in the middle between the mysteries.

Reference:

https://youtu.be/mfWh6p704Mw





Session 2 - Overview

ltem	Duration	Description or Details
Introduction	0:05	
Ice Breaker	0:10	
Theme Presentation	0:30	
Activity 2	0:10	
Game 2	0:10	
Conclusion	0:10	

Activity 2 Learning Attributes of Mother Mary

Intention of the activity:

 This activity enables the students to understand the qualities Mother Mary had and how Mother Mary practiced them in her life.

Rules of the game:

- Split the participants into 6 groups
- Allocate each group one of 6 attributes and show the relevant photo (they are to only discuss and show it to each other within the team)
- If more than the image and caption is necessary, provide participants the blurb of the event as attached
- Once allocated, each team must act out their chosen scene with an emphasis on the attribute of Mother Mary's (ie: perseverance, faith in God, etc)
- Each team has a set amount of time to plan and present back to their peers
- Each team will present their skit and the remaining participants must guess what the event is and what the attribute that Mother Mary displayed was



Activity 2

Learning Attributes of Mother Mary

Angel visiting Mother Mary: Obedience to God

- The angel said to her, 'The Holy Spirit will come upon you, and the power of the Most High will overshadow you; therefore the child to be born will be holy; he will be called Son of God. Then Mary said, 'Here am I, the servant of the Lord; let it be with me according to your word.' Then the angel departed from her.
- Meditation: Mary, in a wonderful expression of humility and obedience said yes to the Lord and the salvation history begins. Despite the uncertainty of the path she was now to travel, despite her anxieties and fears, Mary trusted in the Lord and said "yes." Mary's yes made it possible for the Incarnate Word to become flesh. Mary's yes made it possible for the Son of God to be born into our world. And Mary's yes made it possible for Jesus to walk among us and fulfill His mission of salvation. Her yes restored hope to a fallen and needy world. By her obedience she became the New Eve, mother of the living. She being obedient, became the cause of salvation for herself and for the whole human race.
- Reflection: When God sends your guardian angel, in your prayer time you may hear your guardian angel speaking to you. Listen quietly in prayer to that small voice speaking to your heart. When God tells you what He is calling you to do, do not be surprised. It will require you to surrender and lean on Him. Apart from God we can do nothing. However, all things are possible with God. The Holy Spirit leads and guides us into the heart of the Heavenly Father, if we "Be still and know that He is God."



Activity 2

Learning Attributes of Mother Mary

Mary visiting cousin Elizabeth: Apostolic/Compassionate

- During those days Mary set out and traveled to the hill country in haste to a town of Judah, where she entered the house of Zechariah and greeted Elizabeth. When Elizabeth heard Mary's greeting, the infant leaped in her womb, and Elizabeth, filled with the holy Spirit, cried out in a loud voice and said, "Most blessed are you among women, and blessed is the fruit of your womb. And how does this happen to me, that the mother of my Lord should come to me. For at the moment the sound of your greeting reached my ears, the infant in my womb leaped for joy. Blessed are you who believed that what was spoken to you by the Lord would be fulfilled."
- Meditation: Our Blessed Mother didn't think of herself first; she wasn't concerned
 with her own delicate condition (she was pregnant too!); she wasn't preoccupied with
 her own personal needs. Her focus was on the health and well-being of someone
 else, and she was willing to make any and every sacrifice necessary to help that
 person in her need.
- Reflection: Mary brought Jesus to Zechariah and Elizabeth when she came to their home. We as Catholic Christians are supposed to bring him to the people we have contact with in our daily lives. We "bring" the Lord to others by our faith and by our charity; by our words and by our actions; by knowing the Gospel and by living it as fully as we can each and every day.



Activity 2

Learning Attributes of Mother Mary

Finding Jesus at temple: Trust in God

- Luke 2:41-52: Every year Jesus' parents went to Jerusalem for the Festival of the Passover. When he was twelve years old, they went up to the festival, according to the custom. After the festival was over, while his parents were returning home, the boy Jesus stayed behind in Jerusalem, but they were unaware of it. Thinking he was in their company, they traveled on for a day. Then they began looking for him among their relatives and friends. When they did not find him, they went back to Jerusalem to look for him. After three days they found him in the temple courts, sitting among the teachers, listening to them and asking them questions. Everyone who heard him was amazed at his understanding and his answers. When his parents saw him, they were astonished. His mother said to him, "Son, why have you treated us like this? Your father and I have been anxiously searching for you." "Why were you searching for me?" he asked. "Didn't you know I had to be in my Father's house?" But they did not understand what he was saying to them. Then he went down to Nazareth with them and was obedient to them. But his mother treasured all these things in her heart.
- Meditation: Mary lost Jesus and realised after a day of travel and spent three days searching for him. When they went back to the Temple, they found Jesus in there and they walked with Jesus again to their way home.
- Reflection: There are times in our life where we walk away from God knowingly or unknowingly. It can be the business in our life, or we get caught up with the pleasures of this mortal earth. Like Mary, as soon as we realise we walked away from God, we should take deliberate decision to go back and find Jesus and to hold on to His hands till we reach our Eternal home.

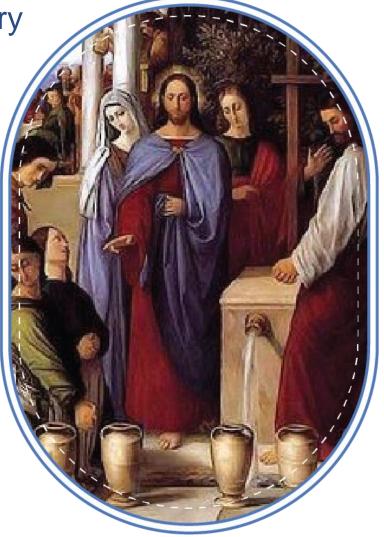


Activity 2

Learning Attributes of Mother Mary

Wedding at Cana: Faith in God

- On the third day there was a wedding at Cana in Galilee, and the mother of Jesus was there. Jesus also was invited to the wedding with his disciples. When the wine ran out, the mother of Jesus said to him, "They have no wine." And Jesus said to her, "Woman, what does this have to do with me? My hour has not yet come." His mother said to the servants, "Do whatever he tells you." Now there were six stone water jars there for the Jewish rites of purification, each holding twenty or thirty gallons. Jesus said to the servants, "Fill the jars with water." And they filled them up to the brim. And he said to them, "Now draw some out and take it to the master of the feast." So, they took it. When the master of the feast tasted the water now become wine, and did not know where it came from (though the servants who had drawn the water knew), the master of the feast called the bridegroom and said to him, "Everyone serves the good wine first, and when people have drunk freely, then the poor wine. But you have kept the good wine until now." This, the first of his signs, Jesus did at Cana in Galilee, and manifested his glory. And his disciples believed in him.
- Meditation: Here we don't see anyone telling Mary they are running out of wine. But as mother and wife, Mary understands the situation and intercedes to Her Son that they are running out of wine. The feast was a big part of the wedding custom. It would have been shameful for the host to run out of wine for his guests. It was Mary's trust in Jesus that turned water to tasteful wine.
- Reflection: We can always trust Jesus to do the best thing. He didn't just make wine; He made the best wine. There are times we felt life is meaningless, we feel worthlessness or that no one cares for us. Maybe we don't feel confident. But when we pray to Mary, Mary intercedes to Her Son. All we need to do is 'Do as He says'. Then we can find new meanings in our life. Our life become more sweet and worthy. Everyone that comes near can feel something new in us.



Activity 2

Learning Attributes of Mother Mary

Mary at the Cross: Mother and comforter

- Near the cross of Jesus stood his mother, his mother's sister, Mary the wife of Clopas, and Mary Magdalene. When Jesus saw his mother there, and the disciple whom he loved standing nearby, he said to her, "Woman, here is your son," and to the disciple, "Here is your mother." From that time on, this disciple took her into his home.
- Meditation: When Mary sees Jesus, the passion already started. From that time onwards, Mary was accompanying Jesus till His death on the cross. Mary knows her Son was holy and sinless, but she also knew, for mankind to attain salvation, this journey has to completed. Every time Jesus falls, his mother must have looked at her Son and strengthened Him. "Behold your son" tells is how Mary was invited to expand the horizon of her motherhood to a spiritual maternity for all the children of the Earth.
- Reflection: Anyone who's travelled in this valley of tears we call life has known some degree of suffering: the death of a loved one, or a painful illness, or a bitter family dispute, or the darkness of depression, or a relentless struggle with sin. But whenever we suffer, whenever we're frightened, it's always comforting to have someone with us, to know that we're not alone. At the cross we find that it's Mary who is with us, holding us, reassuring us. She teaches us to be strong so that we can survive the darkest moments. She reveals to us the infinite comfort of the heart of Christ, font of forgiveness, mercy, and peace.



Activity 2

Learning Attributes of Mother Mary

Mary praying with apostles: Constant prayer

- When they entered the city, they went to the upper room where they were staying, Peter and John and James and Andrew, Philip and Thomas, Bartholomew and Matthew, James son of Alphaeus, Simon the Zealot, and Judas son of James. All these devoted themselves with one accord to prayer, together with some women, and Mary the mother of Jesus, and his brothers.
- Meditation: Mary prays with the first community. She, the teacher of prayer, always docile to the soft voice of the Paraclete, teaches the disciples to be confident in awaiting the Gift that comes from on high: the Spirit promised by Jesus as a fruit of His death and resurrection. At the time of Jesus' death, when all the Apostles and disciples were scattered, Mary was the only who knew the power of the Holy Spirit and urged them to stay strong.
- Reflection: Let us have the courage and generosity to renew our prayer in union with the Virgin Mary. Let us ask her to intercede for us before Jesus so that, like in the wedding at Cana, she may turn to her Son and say, "They have no wine." With her powerful intercession, she will bring about a second Pentecost in our souls and in the entire Church.



